

SAFE KAYAKING EQUIPMENT CHECK LIST

By Tom Holty, with John Enomoto, and amended by Jeff Aurrecoechea and Joe Hu (Sept.09)

This is a list of safety equipment that all kayakers should carry with them.

1. ***LIFE VEST (Coast Guard Approved Personal Flotation Device –PFD)**
2. ***PROPER CLOTHING, including AQUATIC FOOTGEAR , HAT, WINDBREAKER and or RAIN GEAR IF WEATHER THREATENS**
3. ***DRINKING WATER (in waterproof, attachable container)**
4. ***PADDLE LEASH, and LEG LEASH OR LIFE LINE**
5. ***SPARE PADDLE**
6. ***KNIFE**
7. ***BILGE PUMP**
8. ***SUN SCREEN and FIRST AID KIT INCLUDING STING AID**
9. ***SIGNALING KIT: Mirror, whistle and other devices including flares, smoke, dye markers, Floating orange See Rescue®, air horn, flash light and/or strobe light for dusk or night**
10. ***VHF RADIO and/or CELL PHONE IN WATERPROOF BAG**
11. **PADDLE FLOAT AND SLING**
12. **REPAIR KIT INCLUDING DUCT TAPE, SPARE PARTS, TOOLS, PATCHING MATERIALS**
13. **SEA ANCHOR**
14. **TOW ROPE**
15. **FLOAT BAGS**
16. **HELMET FOR SURFING, ROCK GARDENING AND SEA CAVES**

*If you carry nothing else, at least carry these items

CARRY AS MANY OF THESE DEVICES AS POSSIBLE AND KNOW HOW TO USE THEM. PRACTICE WITH THEM IN A VARIETY OF WEATHER CONDITIONS SO THAT YOU CAN USE THIS EQUIPMENT NO MATTER HOW BAD IT GETS.

BE SAFE

ALWAYS GO WITH A BUDDY

TELL SOMEONE WHO CARES WHERE YOU ARE GOING, WHAT YOU'LL BE DOING AND WHEN YOU'LL BE BACK

PLAN AHEAD AND BE PREPARED