



Lifeline

Newsletter of Hui Wa'a Kaukahi

Spring/Summer 2004 ♦ Issue 04 - 2



WINNER OF THE LAKE WILSON FISHING TOURNAMENT

FRAN ROTHWELL

Fran is pictured here with her prizes at the Go Bananas shop.

Congratulations, Fran!

Fran landed a 2-pound catfish. She earned one point in the Catfish Category and won the OverAll Category.

Thanks
to all who participated
and to
Brian Suyeoka
for coordinating the fun-filled event.

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- » **Article about VHF Dead Spots**
- » **Pictures of Club paddles**
- » **Summer Paddling Schedule**
- » **2004 Surf Aloha Kayak Surfing Competition forms and information**

Officers and Steering Advisory Board Members

PRESIDENT

JOSEPH HU* 528-3600
 advisor@aloha.net

VICE PRESIDENT

RUSTY LILLICO* 254-4123
 lillico@hawaii.rr.com

SECRETARY

DANI KROLL* 651-6198 (c)
 kanaala@verizon.net

TREASURER

LOIS MIYASHIRO* 551-0637 (c)
 loikake@hawaii.rr.com

BOARD MEMBERS

JEFF AURRECOECHEA ... 368-3891 (c)
 GARY BUDLONG 737-9514
 gary@gobananaskayaks.com

ALAN CALHOUN 621-6146
 kayak-fool@hawaii.rr.com

KEVIN CHING 947-4526
 chingdds@aol.com

ANDY COLLINS 737-8437
 andycollins@hawaii.rr.com

JODI DINGLE 737-9514
 goban@verizon.net

MIKE DUBROVSKY 383-2157
 mikedubrovsky@hotmail.com

CHARLES EHRHORN 395-6180
 ehrhorn@lava.net

ANN McLAREN 945-9902
 wpang@gte.net

TIMOTHY SAWYER 230-8989
 sawyert001@hawaii.rr.com

JANE SKANDERUP 239-7007
 jskanderup@yahoo.com

PAUL TIBBETTS 734-5518
 tibbetts@hawaii.rr.com

CHAIRWOMAN OF THE BOARD

JANE SKANDERUP

VICE-CHAIRMAN OF THE BOARD

CHARLES EHRHORN

COMMITTEE CHAIRPERSONS

BY-LAWS

JOSEPH HU

EQUIPMENT

MELANIE WONG..... 839-9802
 melaniemywong@aol.com

HWK KINE STUFF

ALAN CALHOUN

MEMBERSHIP ROSTER

PAUL TIBBETTS

NEWSLETTER EDITORIAL TEAM

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*Ex-officio voting Board members

President's Message

Welcome Paddlers,

A great time was had by all at our annual Easter Camp at Kualoa Regional Park. The park was not as crowded as usual as wind and rain threatened but no rain fell on Saturday or Sunday. The Club had a good turn out for the Introductory Kayaking Course held on Saturday, and old skills were reviewed and new skills taught. Thank you, Jodi, for helping with the course. It was the first time doing capsized recovery for a number of kayakers and the kayak paddle sling helped a few of them make it back into the boat, especially if they were tired or if water in the boat was causing the boat to roll. That night, 33 Christmas trees were brought for the bon fire and the flames reached 50+ feet into the starry sky. The next day members enjoyed the kayak relays, ocean Easter egg hunt, and the dozens of courses at the potluck lunch. Over 100 prizes were later given out to the Easter egg hunt participants, including a state of the art paddle. The Easter bonnet contest was won by Victoria Anderson who promised to use her prize for her bonnet next year. One of the highlights of the day was the kayak auction which netted over \$300. Joe Rothstein and Ann Yoklavich donated their Sevylor kayak and gear for the benefit of the Club. It is rumored that the kayak will be plying the rivers in Vietnam this summer.

Volunteers are needed to help with the Surf Aloha Kayak Surfing Competition happening on June 12 and 13th at White Plains Beach. Proceeds will benefit our Club and other nonprofit activities. Call Lois Miyashiro at 677-3481 if you can help out.

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[President's Message – continued from page 2]

Summer is coming with a lot of paddles scheduled. Check our schedule in this newsletter and on our website at www.huiwaa.org. It is always a good idea to call the trip leader listed if you are interested in a paddle to see if any plans for the paddle have changed.

See you on the water and safe paddling.

Joe Hu
President

2004 Annual Easter Camp Photos

taken by Phil Dang

Saturday's Paddle from Kualoa Campsite to Kahana Bay



Sunday's Wet and Wild Easter Egg Hunt



"Paddling can be fun for all ages" as demonstrated by the John Enomoto family.



Night Fishing at Kapapa Island

article and photos by Joe Hu

George and Carl were already waiting for us at the He`eia Kea Canoe Launch as we pulled in with our kayaks and gear on a bright Saturday afternoon. It was a good afternoon to paddle. An earlier check of the weather predicted 3 to 6-foot sets from the East but experienced kama`aina waterman Steve advised us not to worry about these sets wrapping around Kapapa Island.

Kapapa Island is located in the middle of Kaneohe Bay on the outer reef and good kayak surfing can usually be found on both sides of the island.

George decided to take off and go at his own pace while Carl helped Dorothy and me stuff our many bags into two Scupper Pros. With kayaks you can take the kitchen sink or at least the dining room table, which we did -- a small folding one.

We were off. Kapapa was two miles directly North from our start so it was not a long paddle. The water was generally calm and a slight breeze cooled us from the Northeast. We reached the sand bar and could navigate over it because it was still high tide. We took a break there and practiced some capsizing recovery just in case the waves near the Island were not cooperative.

Rested and ready, we proceeded on.. Carl, having paddled to Kapapa numerous times, recommended that we stay in the channel close to the smoke stack visible a few hundred yards from the Island. That was good advice because waves break on both sides of the channel and kayakers have had to be rescued when they ventured too close to these surf breaks.

As we neared the Island, we realized that Steve was correct and the waves were manageable and not breaking very much in the channel on the leeward side of the island. We paddled over several sets of smaller waves but had no problem reaching the Island upright.

We carried our boats above the waterline and broke out refreshments and pupus, enjoying a late afternoon repast. This went on for an hour or so when we spotted more kayakers in the distance. Steve and Chalsa were coming in from a slightly different direction than we came in but also had no problems with the waves as well.

After helping them carry their kayaks and gear to the picnic site, they immediately began to set up their tent in spite of occasional rain sprinkles although most of the rain clouds passed overhead without showering us.

As the sun set behind the Koolaus, sea birds flew by us but did not make the crying sounds that can usually be heard on Kapapa at night later in the year. We began a fire and put steaks and fish on the grill which were done after we finished our salads. We ate our dinner while watching the campfire in front of us and lights dotting Kaneohe Bay.

Carl decided to paddle back in the night and he had a headlamp both in the front and back of him. We could clearly make out the lights of He`eia Kea as there was a dark area to the left of it marking He`eia State Park.

An almost full moon shown over us that night as we enjoyed hot chocolate and the campfire before turning in.

A tremendous rain squall hit our tents late at night forcing water through our floor seams. It was good we had a mattress that raised us several inches from the tent floor.

Steve caught several Kaku's in the morning but released them back into the water. We set up a tarp to shade us from the morning sun and cooked a several-course breakfast to celebrate Chalsa and my birthdays on that day. We had furikake pancakes, bacon, eggs with salsa and crumpets. Food always tastes better when outdoors.

[continued on page 5]



**Dorothy, Steve, and Chalsa
and the Birthday Breakfast**

[Night Fishing at Kapapa – continued from page 4]

We then packed up and took a tour of the Island. There were several fishermen on the far side of the Island. The waves were breaking at two to four feet.

Annette and several more kayakers joined us on the Island and helped to launch us before exploring the Island themselves.

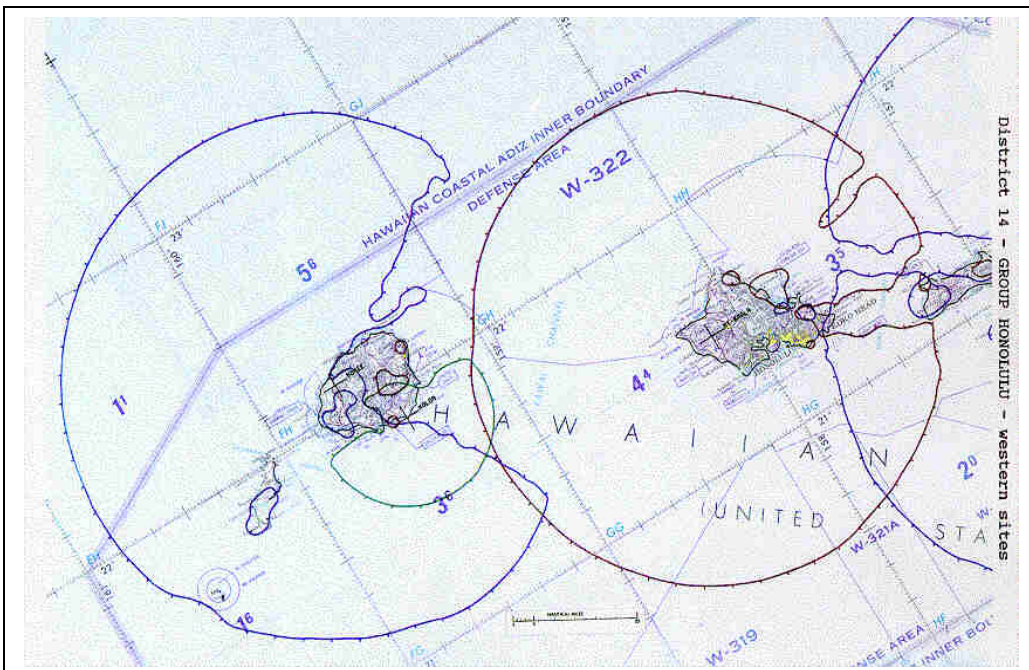
We paddled over several more sets before reaching calm waters away from the reef and the Island. Steve caught a wave and surfed it for a long distance into the bay.

We took another break drifting over the sandbar, then leisurely paddled into He`eia Kea. Dorothy and I then enjoyed the local food at the Deli snack bar at the end of the pier and was fortunate to see the weigh-in of a 200+ pound swordfish just caught outside of the bay.

It was a great weekend to paddle.



Chalsa and Steve at Kapapa Island campsite.



VHF DEAD SPOTS

by Phil Dang

The larger circle around the island of Oahu indicates the maximum vhf range from a vessel transmitting at 1-watt to the Coast Guard's (CG) VHF repeater site located at the top of Mt. Kaala (shown as an X on the chart). Maximum coverage is about 60 nautical miles out to sea.

If you look at the other chart you will find that there is another large circle centered around the Mt. Haleakala (Maui) VHF repeater site. The Mt. Haleakala circle overlaps the Mt. Kaala circle.

[continued on page 6]

[VHF Dead Spots – continued from page 5]

If you go back to the Oahu chart you will see deviations from the larger Mt. Kaala circle, particularly in the East and Northeast quadrants.

These indicate dead spots as a result of the Koolau mountain range blocking the 1-watt vhf transmission from the vessels transmitting within these "fringe" areas. Anyone transmitting within these fringe areas will not be heard by the CG's Mt. Kaala repeater site but should be picked up by the CG's Mt. Haleakala site.

Looking at the coverage between Laie to Kaneohe Bay coastline, you will notice two fringe areas -- a smaller outline centered around Laie Bay and a larger fringe area that encompasses the area bordered by Kaneohe Bay (MCAS)

and somewhere near Hauula. What appears to be additional (smaller) circles along this stretch are actually coastline contours. The reason for these fringe areas is a the Koolau mountain range blocking the 1-watt vhf transmission to the CG's Mt. Kaala repeater. A small window of coverage between Laie Point and Hauula, however, will allow good communication. This is because the Koolau mountain range is most likely lower in height or the signals are funneled thru the open valleys between central Oahu and the windward coast.

Bear in mind that the coverages were determined by computer calculations based upon the height of the respective VHF repeater antenna and the contours of the mountain ridgelines. Therefore, the accuracy is not completely 100% but pretty close.

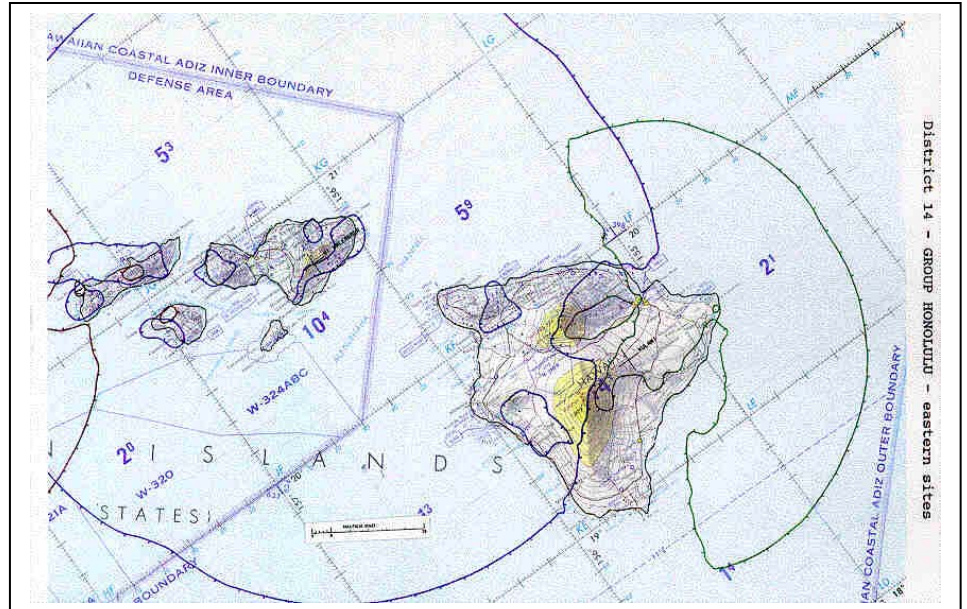
The maps can be found on the Coast Guard's website:

www.navcen.uscg.gov/marcomms/cgcomms/charts/14honows.jpg (Kauai to Molokai coverage)

www.navcen.uscg.gov/marcomms/cgcomms/charts/14honoea.jpg (Molokai to Big Island coverage)

I monitored the cell phone signal along the entire Kaneohe Bay to Laie route. Although there are some weak signals at a couple of places along the highway, the signals further out from shore should be very good. Also interesting to know is that by monitoring the NOAA wx channel which transmits from the same Mt. Kaala site, which I did simultaneously, you can get a feel for whether you'll be able to communicate with the CG from that Mt. Kaala site. Most of the wx signals were very weak, broken, fading and mostly unreadable much of the distance between Kahana Bay to Laie, corresponding to the fringe areas on the CG VHF coverage charts.

President's Note: Have a working cell phone in a waterproof bag handy when you paddle the coastline between Kaneohe and Kahuku as VHF coverage is spotty.



PHOTOS OF SOUTH KAUAI TRIP

taken by Kevin Ching, DDS



Anne on cliff at Mahaulepo



Danny launches from Squall Meadows with Paul's help



Right side of Squall Meadows



Jodi pumps up the Aire inflatable kayak while enroute,,,,



...and woman overboard. That's Anne in the front.

HUI WA'A KAUKAHI PADDLING SCHEDULE 2004

DATE	EVENT	MILES	RATING	LEADER/CONTACT
May				
01 Sat	James Sutherland Fishing Tournament at Kaiaka State Recreational Area <i>Starts promptly at 7:00 a.m. and ends at 11:00 a.m. Fees: Members - \$10; non-members - \$20. Lunch included. Camping optional on Friday, April 30 and Saturday, May 1.</i>			James Sutherland 622-1257 bigdog@hawaii.rr.com
02 Sun	Volunteer for the Castle Swim sponsored by the Outrigger Canoe Club <i>Volunteers needed as escorts. Free t-shirt and access to OCC mega-brunch.</i>		1	Rusty Lillico 254-4123 lillico@hawaii.rr.com
16 Sun	9:00 am – Volunteer for the Waikiki Swim Club Popoia (Flat) Island Swim (Kailua) <i>Five to six volunteers needed as swim course marshals. Free t-shirt.</i>		1	Rusty Lillico 254-4123 lillico@hawaii.rr.com
	10:30 am – E-Z Gliders Paddle #3 -- Round trip from Kailua Boat Ramp to the Mokulua Islands	4 RT	1 to 2	Rusty Lillico 254-4123 lillico@hawaii.rr.com
18 Tues	7:00 pm – HWK Meeting at the Church of the Crossroads <i>Program: 2003 Surf Aloha Kayak Surfing Contest slide show by Douglas Peebles and Gary Budlong.</i>			Joseph Hu 528-3600 advisor@aloha.net
23 Sun	Makai Pier (Makapuu) to Kailua Boat Ramp <i>With rest stop at Mokulua Islands. Carpool leaves at 8:30 a.m.</i>	7.5	2 to 3	Charles Ehrhorn 395-6180 ehrhorn@lava.net
June				
12 Sat – 13 Sun	Surf Aloha Kayak Surfing Contest at White Plains Beach (Kalaeloa) <i>Contact Jodi for information and registration form. Also available on Go Bananas and Hui Wa'a websites. Volunteers needed for various assignments. Contact Lois if you're interested.</i>			Gary Budlong 737-9514 gary@gobananaskayaks.com Jodi Dingle 737-9514 goban@verizon.net Dani Kroll kanaala@verizon.net Lois Miyashiro 677-3481 loikake@hawaii.rr.com Peter Nicholson 396-4831 peter.nicholson@worldnet.att.net Maghna Zettle 234-0320 mmaliaz@hotmail.com
15 Tues	7:00 pm – HWK Meeting at the Church of the Crossroads			Joseph Hu 528-3600 advisor@aloha.net
tentative 15 Tues – 21 Mon	Neighbor Island Trip #2 – North Shore Molokai <i>Details TBA.</i>		3 to 4	Jane Skanderup 239-7007 jskanderup@yahoo.com
19 Sat	“Big Kahuna” – Pinky’s Parking Lot (Kailua) to Heeia Kea Boat Harbor <i>With a rest stop at Moku Manu Island.</i>	11	4	Gary Budlong 737-9514 gary@gobananaskayaks.com

HUI WA'A KAUKAHI PADDLING SCHEDULE 2004

DATE	EVENT	MILES	RATING	LEADER/CONTACT
June (continued)				
26 Sat	Haleiwa Beach Park to Camp Erdman (Mokuleia)	8.5	3 to 4	Alan Calhoun 621-6146 kayak-fool@hawaii.rr.com
July				
04 Sun	Fourth of July Fireworks Viewing, Ocean-Side <i>Round trip from Ala Wai Recreation Center (Clubhouse) to Magic Island. Meet at 6:00 pm; launch at 6:30 pm. Lights for boats are needed, preferably white.</i>	2 RT	1 to 2	Paul Tibbetts 734-5518 tibbetts@hawaii.rr.com
11 Sun	Malaekahana to China Walls (Kawela Bay)	9	4	Jeff Aurrecoechea 368-3891 (c)
13 Tues	6:30 pm – Steering Advisory Board Meeting			Jane Skanderup 239-7007 jskanderup@yahoo.com Charles Ehrhorn 395-6180 ehrhorn@lava.net
20 Tues	7:00 pm – HWK Meeting at the Church of the Crossroads <i>Program: Kite Clinic by Alan Calhoun. Learn to propel your kayak by wind (kite) power.</i>			Joseph Hu 528-3600 advisor@aloha.net Alan Calhoun 621-6146 kayak-fool@hawaii.rr.com
25 Sun	Kevin Ching Windbag Regatta – Maunalua Bay Beach Park (Hawaii Kai) to Waialae Beach Park (Kahala) <i>Alternative date on September 19 if conditions aren't right.</i>	4.5	2 to 3	Kevin Ching 947-4526 chingdds@aol.com
tentative 30 Fri – 05 Aug, Thurs	Neighbor Island Trip #3 – North Shore Molokai <i>Details TBA.</i>		4	Charles Ehrhorn 395-6180 ehrhorn@lava.net Paul Tibbetts 734-5518 tibbetts@hawaii.rr.com
August				
01 Sun	China Walls (Kawela Bay) to Haleiwa Beach Park	10.5	3	Charles Ehrhorn 395-6180 ehrhorn@lava.net
08 Sun	Pokai Bay Beach Park to Makua	6.5	2 to 3	Paul Tibbetts 734-5518 tibbetts@hawaii.rr.com
15 Sun	Dolphin Quest – Round Trip From Makua to Yokohama Bay or Kaena Point	8.5 RT	2 to 3	Maghna Zettle 234-0320 mmaliaz@hotmail.com
17 Tues	7:00 pm – HWK Meeting at the Church of the Crossroads			Joseph Hu 528-3600 advisor@aloha.net

HUI WA'A KAUKAHI PADDLING SCHEDULE 2004

DATE	EVENT	MILES	RATING	LEADER/CONTACT
August (continued)				
22 Sun	Ko Olina Resort marina to Pokai Bay Beach Park <i>Carpool leaves at 8:30 a.m.</i>	11	2 to 3	Kevin Ching 947-4526 chingdds@aol.com
28 Sat	Full Moon Paddle -- Round Trip From Lanikai to Mokulua Islands. <i>Meet at the first beach access on Mokulua Drive at 6:30 pm.</i>	3 RT	2	Gary Budlong 737-9514 gary@gobananaskayaks.com
September				
04 Sat	Kahana Bay to Hauula Beach Park or Malaekahana State Recreational Area	6 to 10.5	3 to 4	Tim Sawyer 230-8989 sawyert001@hawaii.rr.com
06 Mon	Volunteer for the Waikiki Roughwater Swim <i>Volunteers needed to escort swimmers. Free lunch and t-shirt.</i>		1	Bim Bousman 949-4524 bim@sprynet.com
tentative 10 Fri – 12 Sun	Neighbor Island Trip #4 – Hilo Luxury Paddle <i>Details TBA.</i>			Charles Ehrhorn 395-6180 ehrhorn@lava.net
18 Sat	Circle Moku O Loe (Coconut Island) <i>Round trip from Heeia Kea Boat Harbor with tour of Coconut Island.</i>	3 RT	2	Rusty Lillico 254-4123 lillico@hawaii.rr.com
19 Sun	Kevin Ching Windbag Regatta – Maunalua Bay Beach Park (Hawaii Kai) to Waialae Beach Park (Kahala) <i>Alternative date if conditions weren't right on July 25.</i>	4.5	2 to 3	Kevin Ching 947-4526 chingdds@aol.com
21 Tues	7:00 pm – HWK Meeting at the Church of the Crossroads <i>Program: Nominations of officers and board members for 2005.</i>			Joseph Hu 528-3600 advisor@aloha.net
tentative 23 Thurs- 28 Tues	Neighbor Island Trip #5 – Up the Lazy Rivers of Kauai <i>Details TBA.</i>			Joseph Hu 528-3600 advisor@aloha.net Lois Miyashiro 677-3481 loikake@hawaii.rr.com Dani Kroll kanaala@Verizon.net

Notes to Paddling Schedule:

- Schedule is subject to change.
- TBA = to be announced.
RT = round trip.
HWK = Hui Wa'a Kaukahi.
- Please contact the leaders if you have any questions about the skill level and the mileage of the paddles, and to notify them that you will be participating.
- Ratings of the paddles are based on average conditions. Weather and ocean conditions can change rapidly which would increase the difficulty of the paddle. It is up to each individual to assess the conditions prior to launching according to his/her experience and ability, and to decide whether to participate or not.

5. A paddle will be cancelled by the leader(s) when there is a Small Craft Advisory or High Surf Advisory.
6. Contact Charles Ehrhorn for Progressive Fishing Tournament details and registration.

Required for all paddles (unless otherwise specified):

- 8:30 a.m. – car pool.
- 9:00 a.m. – assemble at designated starting site and have kayaks ready to launch.
- 9:15 a.m. – launch.

PROGRESSIVE FISHING TOURNAMENT — 2004 RULES

The 4th Annual Progressive Fishing Tournament starts with the first club paddle on January 4, 2004. Charles Ehrhorn is the “Keeper of the Record” and will track who catches what, where, and how many. A perpetual trophy for the fisherperson who **ends up with the most points at the end of the year** will be awarded at the Annual Christmas Party. Other awards will also be presented. There is an entry fee of \$5 for members and \$25 for non-members which must be paid to Charles upon the first catch. Rules include but may not be limited to:

1. Fish must be over seven (7) inches in length to qualify, **measured from the tip of its nose to the fork in its tail.**
2. Fish must be caught on Club-sanctioned outings, which include Club-coordinated neighbor island trips.
3. Fish must be caught using a line, such as a rod or a hand line. Catches using spears, nets, explosives, or chemicals are not allowed.
4. Fish must be caught from the kayak. Fish jumping into the kayak by itself may count towards your total.
5. You must have a witness to your catch. A photograph is better.
6. You can return your qualifying fish to the deep as long as you have someone to verify your catch.
7. **You must report your booty to Charles within 24 hours after the finish of the event/paddle and/or return from a qualifying neighbor island trip. The entry fee must be paid to Charles by the end of the Club meeting following your report or your catch will be disallowed.**
8. Honor system prevails!

***Bold** lettering indicates new additions/revisions to the rules. Included is a new point system developed by the Fish Master based on the difficulty of catching a particular type of fish. Please let Charles know if you hook a species that is not included on the list.*

New Progressive Fishing Tournament Point System

Marlin, Sailfish, Swordfish, Ahi (100 lbs or more)	25 points
Ono	20 points
Mahimahi	15 points
Ulua, Shibi, Aku, Kagami	10 points
Kawakawa, Aha, Uku	8 points
Papio, Barracuda, Kawalea	6 points
Roi, Wrasse, Lizardfish, Parrotfish	4 points
Trumpetfish, Needlefish, Wahanui	1 point

The **Last Ditch Fish Twitch** will be held on the last Sunday before the Annual Christmas party. Participants can fish anywhere within the Hawaiian Islands. All rules are applicable.

Contact Charles Ehrhorn at 395-6180 or at ehrhorn@lava.net to register or if you need further information.

Good luck and happy fishing!



TRIP RATINGS

*Excerpts taken from Paddling Hawai'i
by Audrey Sutherland*

A knot is 1 nautical mile per hour, equivalent to 1.15 land miles per hour. Seas are measured in height of waves above normal flat water. Distances are in land miles, not nautical miles.

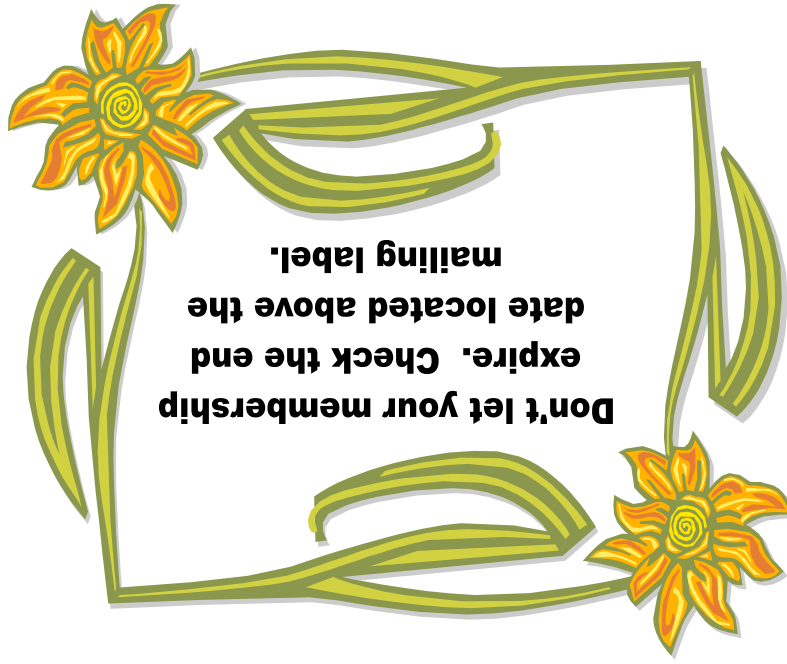
- Class 1: Rivers and bays. Easy paddling or swimming. Quiet water, little wind or current. Easy put-in and take-out. Short paddles of 1-5 miles.
- Class 2: Protected ocean area. Wind 0-10 knots and seas 1-3 feet. Sheltered put-in and take-out sites so you can make a short or long trip. Less than 1 mile between possible landings.
- Class 3: Moderate open ocean. Wind 5-15 knots and seas 2-5 feet. Often more than 2 miles between landings. Some rocky shores and surf during take-off and landing. There is access to roads and phones in the first 3 trip classes.
- Class 4: Exposed open ocean. Prevailing winds 10 –25 knots and seas 2-10 feet. Some sandy beaches to cushion the landings. No phones or towns. May be 5 miles or more between road access. Steady shore break.
- Class 5: Dangerous open ocean. You might get a quiet day, but this area often has winds of 15-30 knots, choppy seas up to 15 feet. Breaking surf on rocky shores, few or no sand beaches. Cliffs drop sheer into the sea. Experience, skill, and judgment required. No roads. 10-30 miles between phones. Difficult and dangerous.

RESPONSIBILITIES OF THE PADDLER

- 1) Each paddler is responsible for his/her own safety.
- 2) Please make sure that you are familiar with the skill level required, have proper instructions in kayaking, and that your boat and equipment are well-cared for and sea-worthy.
- 3) Ratings of the paddles are based on average conditions. Weather and ocean conditions can change rapidly which would increase the difficulty of the paddle.
- 4) It is up to each individual to assess the conditions prior to launching according to his/her experience and ability, and to decide whether to participate or not.
- 5) Each paddler must sign the release form and read the waiver provided by the leader if he/she plans to paddle.

RESPONSIBILITIES OF THE PADDLE LEADER

- 1) Handle inquiries via phone calls, e-mail (if available), and/or in person prior to the paddle.
- 2) Get the marine radios from Rusty Lillico prior to the paddle and distribute them to qualified members at the launch site.
- 3) Arrive at the launch site on time or earlier to check weather and sea conditions. Check the weather report ahead of time (Hawaiian Waters at 973-4382).
- 4) Officially cancel the paddle in the event of Small Craft Advisory.
- 5) Organize and initiate a car pool to the landing site.
- 6) Gather the paddlers together prior to launching to discuss a paddle plan, including landing sites and planned rest stop or reconvening locations.
- 7) Encourage the "buddy system" so members are within shouting distance of one another in case of emergency.
- 8) Ask if there are any "new" paddlers (have never paddled before) in the group. Recommend that they attend a "beginners" clinic before participating, rather than risking injury. Leaders are not expected to teach new participants the fundamentals of paddling on the day of the event.
- 9) Count the number of boats and the number of paddlers prior to the launch. Relay this information to the co-leader or another experienced paddler. Count them again each time the group reconvenes and at the landing site to insure that everyone is accounted for.
- 10) Read, understand, and follow the American Canoe Association Safety Guidelines.



Hui Wa'a Kauahāni
P. O. Box 11588
Honolulu, HI 96828