



# Lifeline

Newsletter of Hui Wa'a Kaua'ahi

Spring 2005 ♦ Issue 05 - 2

## IMPORTANT NOTICE ABOUT YOUR DUES ACA Requires New Insurance Fees

Until now, everyone who participated in a Hui Wa`a Kaua'ahi (HWK) activity was covered by the American Canoe Association's (ACA) insurance policy, whether they belonged to the ACA or not.

Because of a rise in its own premiums, the ACA has imposed new fees. From now on, ACA members must pay an additional \$5.00 annual fee per person for insurance coverage. The insurance will cover off-water events as well as on-water activities. Non-ACA members who don't pay the \$5.00 annual fee will be required to pay a \$10.00 insurance fee for each club activity they participate in.

Liability insurance is necessary for the protection of the club, the volunteer trip leaders, and any member who might be injured on a club paddle or other event. HWK members are thus faced with two choices: either join the ACA (if you aren't already a member) and pay the \$5.00 extra per year (\$10.00 extra per year for family membership), or face a \$10.00 charge every time you join a club paddle or event. Non-HWK members will automatically be charged the \$10.00 fee for each paddle.

Clearly, adding the ACA membership is the better bargain (it also includes a subscription to the ACA's *Paddler* magazine). If you already are an HWK member but are not an ACA member, please send in your ACA dues and annual fee to Hui Wa`a Kaua'ahi, P. O. Box 11588, Honolulu, Hawaii 96828. The treasurer will send your payment to the ACA so that the ACA recognizes you as part of HWK. The total amount to be paid is as follows:

ACA individual membership	\$20.00 + \$5.00 annual fee = \$25.00
ACA family membership	\$25.00 + \$10.00 annual fee = \$35.00

The new fees are effective on April 15, 2005. Don't wait until your HWK membership expires to join the ACA. Beginning April 15, if you haven't joined the ACA and paid the annual insurance fee, you will be charged \$10.00 each time you come out to paddle.

HWK members who already are ACA members will be required to submit the \$5.00 additional fee when they renew their HWK/ACA club membership. Until then, they will be covered during the interim for any HWK activity or event they participate in.

Please contact one of the following people if you have any questions:

Joe Hu, HWK President..... 528-3600 .....advisor@aloha.net  
Jane Skanderup, HWK Board Co-Chair..... 239-7007 .....jskanderup@yahoo.com  
Chuck Ehrhorn, HWK Board Co-Chair ..... 395-6180 .....ehrhorn@lava.net

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RUSTY LILLICO

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\*Ex-officio voting Board members

## PRESIDENT'S MESSAGE

Hello Paddlers,

Rain, wind, and small craft advisories did not stop the heartier club members from enjoying this year's HWK Easter Camp. The sky opened up on Friday and did not clear until Saturday afternoon. Small wading pools under tents and upturned canopies greeted the campers on Saturday morning. Saturday's paddle in the rain, led by TIM SAWYER, was redirected to Kapapa Island and fish were caught. Some new members did take the kayaking class and even got to surf back from Chinaman's Hat. The rain stopped in time for the wood to dry and members were treated to a spectacular bonfire in the clear night. Christmas trees and pallets helped flames dance toward the stars. RUSTY LILLICO and TIM were the main architects for the night spectaculars. Bongo drums brought by SHAUN YATES drew out the musicians among us. Sunday brought the day celebrators and over fifty paddlers took off on kayaks to retrieve the floating eggs in Kaneohe Bay. Enough prizes were bought by the club and were donated so everyone was a winner. The traditional Easter bonnet contest brought out the regular competitors with new and creative headgear. Tables full of potluck dishes held more than enough food for all. The barbecue grill kept the hot dogs and chicken coming. The day was topped by GARY BUDLONG as auctioneer raising several hundred dollars for the club from donated kayaking gear. Thanks goes to ALAN CALHOUN for donating his slightly used surf kayak and to STEVE HARRIS for purchasing it. Thanks also to those club members who waited in line for those great campsites we had for the weekend. We were the only group left by Saturday night and we had all of Kualoa Campsite A to ourselves.

*[continued on page 3]*

[President's Message – continued from page 2]

Summer will be upon us shortly and we have a lot of club paddles planned. From the basic "EZ" paddles like the Kapapa Day paddle on June 26th to the advanced Big Kahuna on June 19<sup>th</sup> (Kailua to the Moku Manu Islands off Kaneohe Bay to Heeia), there is a paddle for most skill levels. Of course, weather conditions can change to make an easy paddle difficult or a challenging paddle easy so always check the weather before you paddle. GARY advocates making the final decision at the launch point as his Hui Buoy and Breakfast Bonanza paddle turned out to be over a glassy ocean over gardens of coral never seen by him before.

Fun and Safe Paddling,

Joe Hu  
President



Creative participants in the Easter bonnet contest.

Gary Budlong auctions a Rrapido surf kayak  
donated by Alan Calhoun.



Eager paddlers on the Easter egg hunt.



Photos by  
Joe Hu

## **Travel and Paddle Opportunity** **SEA KAYAK ITALY: PADDLE AND PASTA**

*by Barbara Kossy*

You can have your pasta and paddle too!

**SEA KAYAK ITALY** and **CALIFORNIA CANOE & KAYAK** have teamed up to offer an 8-day, 7-night sea kayaking trip on the picturesque island of Elba, Italy.

Location: Elba Island

*(Marciana Marina, a town so cute it was featured on an Italian postage stamp!)*

Date: Monday, September 12 to Monday, September 19, 2005

\$1,749.00 each for group of 4 to 7 paddlers

\$1,699.00 each for group of 8 to 12 paddlers

Call 1-800-366-9804 to register

The trip includes:

- Seven (7) nights at the Marinella Hotel (or similar three-star hotel) in Marciana Marina. Fee is set for double occupancy and includes breakfast.
- Single supplement is \$90.00 per person.
- Four (4) full days of kayaking. Time not spent kayaking may include hiking and excursions to sites on the island of Elba, including towns, markets, and historic sites. With good weather and an enthusiastic group, there will probably be more than four (4) days of kayaking.
- Ground transportation by private car from and to the ferry in Portoferraio, and to kayaking and hiking destinations.
- Closed-deck kayaks and gear, including paddle, wetsuit, PFD, spray jacket, paddle float, spray skirt, and dry bag.
- You probably won't need to use the wetsuit. The water is warm!
- One double kayak is available.
- One certified guide for every six clients.
- Two home-cooked dinners at the home of your guides Gaudenzio Coltelli and Ana Paola Fadda.

Gaudenzio is a graduate of sommalier school, grew up on Elba, has paddled there for 30 years, and knows almost everyone. He also was the first to kayak from Corsica to Elba, and is a past record holder for fastest circumnavigation of the island.

An itinerary for this trip is posted at <http://home.igc.org/~bkossy/>. Click on the Elba Itinerary. A live Elba webcam is available at <http://www.elbalink.it/webcam/webcam.php?select=webcam>. Click on the British flag for English at the Elbalink website.

I'll be on this trip as general guide and cultural and language interpreter. Call me at 650-728-8720 or email me at [bkossy@igc.org](mailto:bkossy@igc.org) if you have any questions about the trip or travel in Italy.


Join us for hedonistic kayaking fun! Cheers! Ciao!

## HUI WA`A KAUKAHI SCHEDULE OF EVENTS

*compiled and maintained by Webmaster Rusty Lillico*

Check the website at [www.huiwaa.org](http://www.huiwaa.org) for details and updates or contact the Trip Leaders listed below. The calendar on the website also contains tide information and links to aerial photos of some of the paddling sites.

Unless stated otherwise, all groups should be assembled at the start point by 0900, and **launched by 0915** at the latest. Depending on the length of the ride, car-poolers should have their boats set up and ready to leave the launch area **a half-hour to a full hour before the launch time**. Call the Trip Leader for the precise time. When given, **map references** (e.g. [22/D3]) are the page number and grid coordinates of the **launch** point. References are to "Bryan's Sectional Maps of O'ahu," any recent edition.

Date	Event	Rating	Leader
<b>APRIL</b>			
Sat 9	Waikiki Swim Club "Fin Swim" Race: 7:00-9:30 AM at Magic Island. Volunteers in kayaks needed to help with calm-water swim portion. Get a free T-shirt!	-	Rusty Lillico 254-4123 <i>lillico@hawaii.rr.com</i>
Sun 17	Lake Wilson Bass Fishing Tournament. Meet at the boat ramp (off Walker Ave) at 8:30 AM [79/D1] <b>3-4 mi RT</b> . You'll need a fishing license, a pole, and an entry permit to be allowed on the lake. Licenses are available at most sporting-goods stores. Permit details and special tournament rules are available at the club website. Fish caught count toward the PFT (Progressive Fishing Tournament) award.	-	TBA check website for status
Tues 19	<b>Meeting:</b> Church of the Crossroads, 7:00 PM. Presentation: Jodi Dingle will give a beginner's introduction to "Deck Boats" (a kind of sit-inside kayak often used for surfing).		Joe Hu 528-3600 <i>advisor@aloha.net</i>
<b>MAY</b>			
Sun 1	"Open Ditch Fish Twitch" #1. Fisher(women) get to pick their favorite spots to paddle and fish. Any fish caught count toward the PFT score. Register with Chuck 24 hours in advance.	-	Chuck Ehrhorn 395-6180 <i>ehrhorn@lava.net</i>
Fri 13 - Sat 14	Alan Calhoun Fishing Contest. Camp from Friday to Saturday; tournament on Saturday. Location and times TBA. Check the club website for updates or contact the leader.	-	Alan Calhoun 621-6146 <i>kayak-fool@hawaii.rr.com</i>
Sun 15	Kailua Masters Popoia (Flat Island) Swim Race: 7:00-9:30 AM at Kailua Beach Park. Volunteers in kayaks are needed to marshall the swimmers around the back of the island. Get a free T-shirt!	1	Rusty Lillico 254-4123 <i>lillico@hawaii.rr.com</i>
Tues 17	<b>Meeting:</b> Church of the Crossroads, 7:00 PM. Presentation: Paddling icon <b>Audrey Sutherland</b> will give a talk and slide show about her South Pacific adventures.		Joe Hu 528-3600 <i>advisor@aloha.net</i>
Sun 22	Makai Range Pier to Kailua Boat Ramp with a picnic stop on the Mokulus. Carpool leaves the pier at 8:30 AM sharp [22/E1] <b>7.5 mi</b> .	2-3	TBA [leader needed] check website for status
<b>JUNE</b>			
Sat 11 - Sun 12	 <b>Surf Aloha Kayak Surfing Competition at White Sands Beach, Kalaeloa.</b> See the special flyer, attached, for details.	-	Jodi Dingle 951-4360 <i>jldingle@hotmail.com</i> Lois Miyashiro 677-3481 <i>loikake@hawaii.rr.com</i> Maghna Zettle 234-0320 <i>mmaliaz@hotmail.com</i>
Sun 19	<b>Father's Day:</b> "The Big Kahuna." Pinky's parking lot (formerly Yum Yum Tree) in Pali Palms Plaza in Aikahi around Moku Manu Island and Mokapu Peninsula to Heeia Kea Harbor [27/B2] <b>11 mi</b> . Carpool leaves Aikahi at 8:15 AM sharp.	3	Gary Budlong 737-9514 <i>gary@gobananaskayaks.com</i>

<b>JUNE</b>			
Tues 21	<b>Meeting:</b> Church of the Crossroads, 7:00 PM. Presentation: Slide shows of the February 2005 South Kauai trip and the 2004 Windbag Regatta. <b>Tentative</b> —Kite Clinic.		Joe Hu 528-3600 advisor@aloha.net
Mon 20 - Mon 27	<i>Off-Island Paddle #2:</i> North Shore Maui. Contact the Trip Leader for details. Paddler must qualify to participate. Space limited.	4	Jane Skanderup 239-7007 jskanderup@yahoo.com
Sun 26	<i>E-Z Gliders #3:</i> Heeia Kea Pier to Kapapa Island with a stop at the Sand Bar [37/E2] <b>5 mi RT.</b> Bring lunch or snack.	1-2	Lois Miyashiro 677-3481 loikake@hawaii.rr.com Peter Nicholson 396-4831 peter.nicholson@worldnet.att.net
<b>JULY</b>			
Mon 4	<i>Independence Day:</i> Fourth of July in the Ala Wai. Meet at 6:00 PM at Ala Wai Community Park Clubhouse (corner of Kapiolani Blvd & McCully St) [12/C1] <b>2 mi RT.</b> Launch at 6:30 PM. (Fireworks display starts at 8:30 PM but ocean access may be blocked around 7:30 PM.) Bring snacks and drinks and some way to illuminate your boat for the paddle back. White is a good color for this, or light blue Cayalume lightsticks. Please, no red or green lights; they confuse the other boaters.	1	Paul Tibbetts 734-5518 tibbetts@hawaii.rr.com
Sun 10	Malaekahana SRA to 'China Walls' (Pahipahialua Beach) around Kahuku Point. Meet at the small park WEST (Haleiwa side) of the main Park entrance [52/C1] <b>9 mi.</b>	2	Jeff Aurrecochea 368-3891
Sun 17	<i>Windbag Regatta:</i> Maunaloa Bay (Hawaii Kai) to Waialae Beach Park (Kahala) by kite, sail, bedsheet, old raincoat, whatever [18/D2]. Regular paddlers are welcome. A WMD (wind management device) is required to compete for prizes and glory. <i>Alternate dates if no wind: Sept 11 or 25.</i> <b>Entry Forms</b> are available via link on the calendar entry at the club's website. Register by July 12 to avoid the late registration fee.	2	Kevin Ching 947-4526 chingdds@aol.com
Tues 19	<b>Meeting:</b> Church Of The Crossroads, 7:00 PM. Presentation: TBA.		Joe Hu 528-3600 advisor@aloha.net
Sun 24	Haleiwa Beach Park to Camp Erdman (Mokuleia) [61/F2] <b>8.5 mi.</b>	2-3	Alan Calhoun 621-6146 kayak-fool@hawaii.rr.com
Sun 31	'China Walls' (Pahipahialua Beach) to Haleiwa Beach Park [56/D1] <b>10.5 mi.</b> Call Tim for directions.	2	Tim Sawyer 330-1108 sawyer@hawaii.rr.com
<b>AUGUST</b>			
Mon 1 - Mon 8	<i>Off-Island Paddle #3:</i> North Shore Maui. Contact the Trip Leaders for details. Paddler must qualify to participate. Space limited.	4	Chuck Ehrhorn 395-6180 ehrhorn@lava.net Alan Calhoun 621-6146 kayak-fool@hawaii.rr.com
Sat 13 - Sun 14	Camp from Saturday to Sunday at Kaiaka SRA (Haleiwa/Waialua area). Paddle on Sunday-- <i>E-Z Gliders #4:</i> Kaiaka Bay and Paukauila River (Waialua) [64/B4] <b>3 mi RT.</b>	1	Ann McLaren 945-9902 anniemckitty@verizon.net Bim Bousman 949-4524 bimbousman@verizon.net
Tues 16	<b>Meeting:</b> Church Of The Crossroads, 7:00 PM. Presentation: Fire Captain Alan Calhoun will conduct an introductory CPR/First Aid class.		Joe Hu 528-3600 advisor@aloha.net
Sat 20 - Sun 21	Night Fishing at Kapapa Island (Kaneohe Bay): Fishing, surfing, snorkeling. Meet at Heeia Kea Boat Harbor at 2:00 PM; depart at 3:00 PM. <b>5 mi RT.</b>	2	Steve Harris 226-2006 sharris@lava.net
Sun 28	Ko Olina Resort (West Beach Marina) to Pokai Bay Beach Park. Meet at 8:30 AM for carpool [102/C2] <b>11 mi.</b>	3	Kevin Ching 947-4526 chingdds@aol.com

## TRIP RATINGS

*Excerpts taken from Padding Hawai'i  
by Audrey Sutherland*

A knot is 1 nautical mile per hour, equivalent to 1.15 land miles per hour. Seas are measured in height of waves above normal flat water. Distances are in land miles, not nautical miles.

- Class 1: Rivers and bays. Easy paddling or swimming. Quiet water, little wind or current. Easy put-in and take-out. Short paddles of 1-5 miles.
- Class 2: Protected ocean area. Wind 0-10 knots and seas 1-3 feet. Sheltered put-in and take-out sites so you can make a short or long trip. Less than 1 mile between possible landings.
- Class 3: Moderate open ocean. Wind 5-15 knots and seas 2-5 feet. Often more than 2 miles between landings. Some rocky shores and surf during take-off and landing. There is access to roads and phones in the first 3 trip classes.
- Class 4: Exposed open ocean. Prevailing winds 10–25 knots and seas 2-10 feet. Some sandy beaches to cushion the landings. No phones or towns. May be 5 miles or more between road access. Steady shore break.
- Class 5: Dangerous open ocean. You might get a quiet day, but this area often has winds of 15-30 knots, choppy seas up to 15 feet. Breaking surf on rocky shores, few or no sand beaches. Cliffs drop sheer into the sea. Experience, skill, and judgment required. No roads. 10-30 miles between phones. Difficult and dangerous.

## LIST OF RESPONSIBILITIES FOR THE PADDLE LEADER

*by Joseph Hu*

- 1) Handle inquiries via phone calls, e-mail (if available), and/or in person prior to the paddle.
- 2) Get the marine radios from Rusty Lillico prior to the paddle and distribute them to qualified members at the launch site.
- 3) Arrive at the launch site on time or earlier to check weather and sea conditions. Check the weather report ahead of time (Hawaiian Waters at 973-4382).
- 4) Officially cancel the paddle in the event of Small Craft Advisory.
- 5) Organize and initiate a car pool to the landing site.
- 6) Gather the paddlers together prior to launching to discuss a paddle plan, including landing sites and planned rest stop or reconvening locations.
- 7) Encourage the "buddy system" so members are within shouting distance of one another in case of emergency.
- 8) Ask if there are any "new" paddlers (have never paddled before) in the group. Recommend that they attend a

"beginners" clinic before participating, rather than risking injury. Leaders are not expected to teach new participants the fundamentals of paddling on the day of the event.

- 9) Count the number of boats and the number of paddlers prior to the launch. Relay this information to the co-leader or another experienced paddler. Count them again each time the group reconvenes and at the landing site to insure that everyone is accounted for.
- 10) Read, understand, and follow the American Canoe Association Safety Guidelines.

## RESPONSIBILITIES OF THE PADDLER

*by Bob Walls*

- 1) Each paddler is responsible for his/her own safety. Make sure that you are familiar with the skill level required, have had proper instructions about kayaking, have the necessary safety equipment, and that your boat and equipment are sea-worthy. Address any questions about these preparations to the Paddle Leader.
- 2) Arrive at the launch site as early as necessary to be ready to launch at the scheduled time and to assist with the car pooling.
- 3) Check in with the Paddle Leader upon arrival. Each participant must sign the release form and read the waiver provided by the Leader.
- 4) Inform the Paddle of any physical limitations you may have, if you intend to deviate from the paddle plan such as separating/landing from the group earlier, and other special situations. Otherwise, if you are unaccounted for, the Coast Guard will be alerted.
- 5) You are responsible for briefing any non-member guests you bring about the planned route, group paddling practices, and emergency procedures and signals prior to the scheduled paddle. For instance, the universal SOS signal is to hold the paddle vertically as high as possible.
- 6) The "buddy system" is encouraged. Stay in sight or communication with at least one other paddler. If you have a VHF marine radio, monitor the radio channel assigned by the Paddle Leader (usually Channel 72). However, sole reliance on club radios to call for help is discouraged because the radio may not be operable under certain ocean conditions and within certain coastal areas.
- 7) Do not pass the designated Lead Paddler or fall behind the designated Sweep Paddler.
- 8) Keep the Paddle Leader informed of any special situations which may arise during the paddle, either directly or indirectly by relaying the information through the designated Sweep or other paddlers in communication with the Leader.
- 9) Check in with the Paddle Leader at the designated reconvening areas and at the end of the paddle so he can account for all participants. Provide any feedback or suggestions which may assist with future paddle scheduling and monitoring.
- 10) Enjoy yourself!

Hui Wa'a Kaukahi  
P.O. Box 11588  
Honolulu, HI 96828



**Coming Soon**

## **ALAN CALHOUN FISHING CONTEST**

**Camping -- Friday, May 13 to  
Saturday, May 14, 2005  
Contest – Saturday, May 14, 2005**

Alan was the winner of last year's annual fishing contest hosted by James Sutherland. Among the prizes he won was the honor to host this year's contest.

Contact him for details at 621-6146 or at  
kayak-fool@hawaii.rr.com

or check the club's website at [www.huiwaa.org](http://www.huiwaa.org)  
for information.

**Don't let your  
membership expire.  
Check the mailing label  
for the due date.**

### **INSIDE THIS ISSUE:**

- Important information about the American Canoe Association (ACA) insurance coverage and your dues.
- Paddling schedule for April to August 2005.
- Travel and paddle opportunity to Italy.