



# Lifeline

Newsletter of Hui Wa'a Kaukahi

Winter/Spring 2006 ♦ Issue 06 - 1

**Best Wishes for the  
New Year from your  
2006 Officers and  
Board Members:**

**President –  
Joe Hu**

**Vice President –  
Rusty Lillico**

**Secretary –  
Chuck Ehrhorn**

**Treasurer –  
Aimee Chiland**

**Board Chair –  
Jodi Dingle**

**Board Members –  
Heinrich Albert  
Gary Budlong  
Alan Calhoun  
Kevin Ching, DDS  
Mike Dubrovsky  
Dani Kroll  
Stan McCre  
Ann McLaren  
Peter Nicholson  
Tim Sawyer  
Paul Tibbetts**

## **INTRODUCTION TO SIT-ON-TOP KAYAKING CLINIC**

**Sunday, January 29, 2006  
Kualoa Beach Park**

**Meet at the Dome in Campground A at 10:00 a.m.  
sharp  
until 3:00 p.m.**

(Camping on Saturday, January 28 is optional and encouraged.  
Gates close at 8:00 p.m.)

For anyone who wants beginning instruction in SOT kayaking.

### **Fees –**

No charge for HWK members who are also ACA members.  
HWK membership fee charge for non-HWK members.  
\$10 per person for HWK members who are not ACA members.

### **Requirements –**

Bring your own kayak, paddle, paddle leash, PFD, other gear, and lunch.

You must wear a PFD to participate.

Please contact Go Bananas if you need to rent a kayak.

### **You will learn –**

Kayak transportation.

Kayak and equipment features and functions.

Shallow and deep water entry and exit techniques.

Paddling strokes and basic boat control.

Landing and launching techniques.

Basic safety techniques.

HWK Paddle Rating System.

Hawaii water and weather basics.

Conducted by Jodi Dingle, certified ACA instructor.

**President's Message**  
**January 14, 2006**

**H**appy New Year, Paddlers:

1. **Paddling during Hawaii's winter season** – Welcome to 2006! The wind, waves, and rain may be discouraging some from paddling during this season. Don't despair. You can find glassy conditions on the South Shore where you can enjoy the view of the coral below. Did you know that you can see some of the wrecks sunk off Waikiki during these conditions? They should be marked by a buoy near where the Atlantis subs dive. Be careful, though, to not get in the way of the typical Waikiki boat traffic or the submarine tenders.
2. **Join a Committee** – There have been changes to the Club that were brought up at our first Hui Wa'a Kaukahi Leaders' Camp held this past October at Kualoa Beach Park. We brainstormed about what the goals of the Club should be and streamlined the creation of our Paddling Schedule for this year. We established committees that members can get involved in to help run and improve the Club. Committees that you can volunteer for include the **Website Committee** headed by Rusty Lillico, the **Scheduling Committee** headed by Tim Sawyer, the **Programs Committee** headed by Ann McClaren and Gary Budlong, and the **Goals Committee** headed by yours truly. If you want to help or share your ideas about the Club, you are invited to join a committee and have an input.
3. **Get Educated** – Jodi Dingle, John Enomoto, Jeff Aurrecoechea, and I are ACA certified instructors and will be conducting kayak instruction classes several times this year. The first class led by Jodi Dingle is scheduled for January 29, 2006 at Kualoa Beach Park, Campsite A (our Easter campsite). Contact Jodi or me to sign up for the class and learn or brush up on basic kayaking skills. Some new techniques will be taught.
4. **Plan the Year** – to get involved in our Club paddles and activities. Check out our schedule in this newsletter or check out the entire year's schedule on our website [www.huiwaa.org](http://www.huiwaa.org). Sign up early for our kayak campouts and set aside time for our interesting day paddles. Please read our new ratings system to determine which paddle is right for your skill and enjoyment level.

Safe Paddling,

*Joe Hu*

President

Hui Waa Kaukahi

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**WINNERS OF THE  
2005 PROGRESSIVE FISHING  
TOURNAMENT**

1<sup>st</sup> Place

Steve Harris – 174 points, 28 fish caught

2<sup>nd</sup> Place

Chuck Ehrhorn – 133 points, 21 fish caught

3<sup>rd</sup> Place

Stan McCrea – 92 points, 15 fish caught

Most Unusual Fish Caught

Alan Calhoun – 11 lb Kahala  
caught during the High on Hilo trip



Steve Harris receives the perpetual fish head trophy from 2004 winner, Alan Calhoun, while Fishmaster Chuck Ehrhorn looks on.



photos by Chalsa Loo

## 2005 PHOTO CONTEST WINNERS



**First Place: Stan McCrea**  
**Molting monk seal enjoys morning sun on Kalalau beach**



**Second Place: Jean Ehrhorn**  
**[Paul Tibbetts] Challenging the surf at Kolekole, Big Island of Hawaii**



**Third Place: Jean Ehrhorn**  
**[Joe Hu] Maneuvering through the white water at Onomea**

## 2005 MULTI-MEDIA CONTEST WINNERS



**First Place: Joe Hu**



**Second Place: Lynn Reedell**

## HUI WA`A KAUKAHI SCHEDULE OF EVENTS JANUARY - JUNE 2006

Check the website at [www.huiwaa.org](http://www.huiwaa.org) (maintained by Webmaster Rusty Lillico) for details and updates, or contact the trip leaders listed below. The calendar on the website also contains tide information and links to aerial photos of some of the paddling sites.

**Launch times.** Unless stated otherwise, all groups should be assembled at the start point by 9:00 a.m. and launched by 9:15 a.m. at the latest. Depending on the length of the ride, car-poolers should have their boats set up and ready to leave the launch area a half-hour to a full hour before the launch time. Call the Trip Leader for the precise time.


**Locations.** When given, map references (e.g. [22/D3]) are the page number and grid coordinates of the launch point in "Bryan's Sectional Maps of O'ahu," any recent edition.

**Ratings.** As we go to press, the Club is in the process of revamping its rating system. The numbers in the "Ratings" column below can be used as a measure of the relative difficulty of the listed paddles but, until the publication of the new ratings system, they should not be taken to have any more precise meaning.

**Note: Schedule is subject to change. Contact the trip leaders or check the club website for updated information.**

| Date               | Event   | Rating | Leader or Contact  |
|--------------------|---|--------|--|
| <b>JANUARY</b>     |   |        |  |
| Sun 8              | <b>E-Z Gliders: Kawai Nui Marsh "Overland."</b> Launch at 8:30 a.m. from Buzz's Steak House (Lanikai), head across Kailua Bay to the canal, up to the Marsh, and return via the flood control channel to Buzz's for lunch. 9 mi. RT. [28/E1]  | 1      | Rusty Lillico 254-4123<br><a href="mailto:lillico@hawaii.rr.com">lillico@hawaii.rr.com</a>     |
| Tue 10             | <b>Steering Committee Meeting.</b> Offices of Hu & Tsuji, Pioneer Plaza, 6:30-8:30 p.m.   |        | Jodi Dingle, Chair 951-4360<br><a href="mailto:jldingle@hotmail.com">jldingle@hotmail.com</a>  |
| Sun 15             | <b>Kahala (Waialae B.P.) to Keehi Lagoon</b> (if normal Tradewinds) <i>OR</i> <b>Keehi Lagoon ("Alan's Ramp") to Kahala</b> (if the wind blows "Kona" that day). Contact Steve to find out which route the night before. There will be a mid-point put-in/take-out at the Ala Wai State Boat Ramp for those who don't wish to go the whole distance, but all paddlers must meet at the launch point first at 8:30 a.m. to organize the 9:00 a.m. carpool. 10.2 mi. for the entire paddle. [5/D4] or [14/A2] | 3      | Steve Harris 226-2006<br><a href="mailto:sharris@lava.net">sharris@lava.net</a>                |
| Tue 17             | <b>Meeting.</b> Church of the Crossroads, 7:00 p.m. Program TBA.  |        | Joe Hu, Pres. 528-3600<br><a href="mailto:advisor@aloha.net">advisor@aloha.net</a>             |
| Sun 22             | <b>Introductory Paddling Clinic.</b> Beginning sport skills (and survival) in the surf. Precursor to the Feb. 5 clinic.<br><b>[Note: subject to change if site is unavailable.]</b>   | 1      | Jodi Dingle 951-4360<br><a href="mailto:jldingle@hotmail.com">jldingle@hotmail.com</a>         |
| Sun 29             | <b>Weed Out The Wimps &amp; Watch Out The Whales: Makapu'u to Hawaii Kai.</b> (This one is <i>NOT</i> for beginners.) Meet at 7:45 a.m. at Makai Range Pier for the car shuttle. 9.5 mi. [22/E1]  | 3      | Chuck Ehrhorn 395-6180<br><a href="mailto:ehrhorn@lava.net">ehrhorn@lava.net</a>               |
| <b>FEBRUARY</b>    |   |        |  |
| Sun 5              | <b>Super Bowl Sunday Surf Clinic.</b> Meet at the Kailua Beach Boat Ramp at 8:30 a.m. and head out to the Mokulua Islands for a day in the surf. Get in shape for the upcoming Surf Aloha competition! Bring picnic snacks for lunch on the sandy beach. No TVs or radios allowed!  | 2      | Jodi Dingle 951-4360<br><a href="mailto:jldingle@hotmail.com">jldingle@hotmail.com</a>         |
| Sat 11             | <b>E-Z Gliders: Maunalua Bay to Waialae Beach Park (Kahala).</b> 1:00 p.m. launch. 4.5 mi. [18/D1]  | 1      | Ann McLaren 945-9902<br><a href="mailto:anniemckitty@verizon.net">anniemckitty@verizon.net</a> |
| Fri 17 –<br>Tue 21 | <b>Off Island Paddle: Lahaina-Lana`i Crossing.</b> Depart from Lahaina Town, Maui early Sat. morning and cross the Lahaina Rhodes (Auau) Channel to Piilani Beach, Lana`i, followed by a coastal paddle to Manele Harbor for the return ferry ride. <i>Size of campsite limits the group to 5 paddlers only.</i>  | 3-4    | Paul Tibbetts 734-5518<br><a href="mailto:tibbetts@hawaii.rr.com">tibbetts@hawaii.rr.com</a>   |
| Sun 19             | <b>Heeia Kea to Chinaman's Hat.</b> 5 mi. [37/E2]   | 2      | Jane Skanderup 239-7007<br><a href="mailto:jskanderup@yahoo.com">jskanderup@yahoo.com</a>      |
| Tue 21             | <b>Meeting.</b> Church of the Crossroads, 7:00 p.m. Program TBA.  |        | Joe Hu, Pres. 528-3600<br><a href="mailto:advisor@aloha.net">advisor@aloha.net</a>             |

| Date               | Event  | Rating | Leader or Contact  |
|--------------------|--|--------|--|
| Sat 25             | <b>Duke Kahanamoku Beach (Ala Wai heliport) to Sans Souci and back.</b> 3.5 mi. [12/D1]  | 1      | Susan Strinkowski 541-2749<br><i>Susan.Strinkowski@cms.hhs.gov</i> |
| <b>MARCH</b>       |  |        |  |
| Thurs 2            | <b>Steering Committee Meeting.</b> Offices of Hu & Tsuji, Pioneer Plaza, 6:30-8:30 p.m.  |        | Jodi Dingle, Chair 951-4360<br><i>jdingle@hotmail.com</i>          |
| Sat 4–<br>Sun 5    | <b>No Wimps One Night Campout.</b> "Weed Out the Wimps" with a twist: Stop at "Two Beer Beach" (Kaloko Cove) and spend the night before continuing on to Maunaloa Bay Beach Park. Carpool leaves Makai Range Pier at 9:00 a.m., launch at 10:00 a.m. 9.5 mi. [22/E1]   | 3      | Chuck Ehrhorn 395-6180<br><i>ehrhorn@lava.net</i>                  |
| Sat 11–<br>Sun 12  | <b>Kapapa Island Night Fishing.</b> Fishing and camping practice on Kapapa Island (Kaneohe Bay). Launch from Heeia Kea canoe hale at 2:30 p.m. 5 mi. RT. [37/E2]   | 2      | Steve Harris 226-2006<br><i>sharris@lava.net</i>                   |
| Sun 19             | <b>Circle Rabbit Island and Black Island</b> (Manana and Kaohikaipu) from Makai Pier. Surfing and snorkeling. 4 mi. RT. [22/E1]  | 2      | Chuck Ehrhorn 395-6180<br><i>ehrhorn@lava.net</i>                  |
| Tue 21             | <b>Meeting.</b> Church of the Crossroads, 7:00 p.m. Program TBA.   |        | Joe Hu, Pres. 528-3600<br><i>advisor@aloha.net</i>                 |
| Sun 26             | <b>Keehi Lagoon to Ewa Beach.</b> Along the Reef Runway and across the mouth of Pearl Harbor. 7.5 mi. [5/D4]   | 3      | Steve Harris 226-2006<br><i>sharris@lava.net</i>                   |
| <b>APRIL</b>       |  |        |  |
| Sun 2              | <b>Hui Buoy and Breakfast Bonanza.</b> From Kaimana Beach (New Otani Kaimana Beach Hotel) to the Diamond Head buoy and back to the Elks Club for a hearty breakfast. 3 mi. RT. [13/E1] Call Gary so he knows how many will be coming to breakfast.   | 2      | Gary Budlong 737-9514<br><i>gary@gobananaskayaks.com</i>           |
| Sun 9              | <b>Ewa Beach around Barber's Point to Kahe Point (Electric Beach).</b> Carpool shuttle will leave Ewa Beach at 8:00 a.m. 13 mi. (98/E4 - 95/E1)  | 3-4    | Jeff Aurrecochea<br>368-3891                                       |
| Fri 14 –<br>Sun 16 | <b>ANNUAL EASTER CAMP</b><br><br>Kualoa State Park, Campground A (near the big white canopy). Scheduled events include:<br><br>Fri. 6:30 p.m.     Moonlight paddle to Chinaman's Hat (Mokoli'i Island) -- <i>Paul Tibbetts</i><br><br>Sat. 11:00 a.m.   Paddle to Kahana Bay, inside or outside the reef. 6 mi. -- <i>Tim Sawyer and Chuck Ehrhorn</i><br>Sat. 11:00 a.m.   Family paddle to Chinaman's Hat -- <i>Aimee Chiland</i><br>Sat. 3:00 p.m.     Paddling clinic (Beginning and Advanced) -- <i>Jeff Aurrecochea, Jane Skanderup, and Joe Hu</i><br>Sat. 5:30 p.m.     Dinner, campfire, and marshmallow roast<br>Sat. 7:30 p.m.     Annual Christmas tree bonfire (Save your Christmas tree to add to the pile)<br><br>Sun. 9:00 a.m.     Second Annual Malibu Relay Race -- <i>John Enomoto</i><br>Sun. 11:00 a.m.   Annual Easter Egg Hunt. Numbered eggs win prizes! -- <i>Gary Budlong and Rusty Lillico</i><br>Sun. 12:00 p.m.   Potluck lunch, Easter Bonnet Contest, and awarding of prizes<br>Sun. 2:00 p.m.     Pack up, clean up, and depart<br><br>Check the website for more details, an updated schedule, and a map showing the location of the campsite. |        |  |
| Tue 18             | <b>Meeting.</b> Church of the Crossroads, 7:00 p.m.  |        | Joe Hu, Pres. 528-3600<br><i>advisor@aloha.net</i>                 |

| Date              | Event  | Rating | Leader or Contact   |
|-------------------|--|--------|---|
| Sun 23            | <b>Lake Wilson.</b> Meet at the Walker Ave. boat ramp at 9:00 a.m. [79/D1] You'll need a "Freshwater Game Fishing License" whether you fish or not (\$5.00 at any sporting-goods or fishing store) and an "Entry Permit For Wahiawa Public Fishing Area, Oahu" (available at the same stores) as well as fishing gear (a bamboo pole will do) and a life vest. The club website has more details on the license and permit requirements. | 1      | Alan Calhoun 621-6146<br><i>kayak-fool@hawaii.rr.com</i>  |
| Sun 30            | <b>"Open Ditch Fish Twitch."</b> Fisherpersons get to pick their own favorite spots to paddle and fish. Any fish caught counts toward the Progressive Fishing Tournament score. For details on the Tournament, check the club website. Notify Chuck 24 hours in advance of your participation, and report your catch to him by 5:30 p.m. at the end of the day.  | 2-3    | Chuck Ehrhorn 395-6180<br><i>ehrhorn@lava.net</i>   |
| <b>MAY</b>        |  |        |   |
| Sat 6             | <b>EZ Gliders: Kahana River Paddle.</b> Meet at Kahana Valley State Park parking lot (near the mauka restroom). 2 mi. RT. [46/F1]  | 1      | Susan Strinkowski 541-2749<br><i>Susan.Strinkowski@cms.hhs.gov</i>  |
| Sun 7             | <b>Rusty Lillico Fishing Contest.</b> (Bragger's Rights) Malaekahana State Recreational Area. Campout the night before for an early start. Location map and contest rules available on the club website.   |        | Rusty Lillico 254-4123<br><i>lillico@hawaii.rr.com</i>  |
| Tue 16            | <b>Meeting.</b> Church of the Crossroads, 7:00 p.m. Program TBA.   |        | Joe Hu 528-3600<br><i>advisor@aloha.net</i>   |
| Sun 21            | <b>Makai Range Pier to Kailua Beach Park,</b> with a stop at the Mokulus for snacks and surfing. Carpool will leave the pier at 8:00 a.m. sharp. 7.5 mi. [22/E1]   | 2      | Joe Hu 528-3600<br><i>advisor@aloha.net</i>   |
| Sat 27–<br>Sun 28 | <b>Keehi Surf Island Cleanup and Night Fishing.</b> Launch point is Keehi State Boat Ramp ("Tank Farm"). Surfers launch at 8:00 a.m. and the campers and others can mosey on out about 12:00 noon. Campsite will be next to "Steve's Pool." Jumbo jets can be noisy so bring earplugs and plenty heavy-duty trash bags for the clean-up. 1 mi. RT. [5/D4]. Contact Chuck by May 21.  | 1      | Chuck Ehrhorn 395-6180<br><i>ehrhorn@lava.net</i>   |
| <b>JUNE</b>       |  |        |   |
| Thurs 1           | <b>Steering Committee Meeting.</b> Offices of Hu & Tsuji, Pioneer Plaza, 6:30-8:30 p.m.  |        | Jodi Dingle, Chair 951-4360<br><i>jldingle@hotmail.com</i>  |
| Sun 4             | <b>"Dolphin Quest":</b> Makua Bay to Kaena Point & back. 8.5 mi. RT. [117/C4]  | 2      | Maghna Zettle 234-0320<br><i>mmaliaz@hotmail.com</i>  |
| Sat 10-<br>Sun 11 |  <p><b>Surf Aloha Kayak Surfing Contest.</b> White Plains Beach, Kalaeloa. Check the website for more information, maps, and official forms. [101/A1]</p>   |        | Gary Budlong 737-9514<br><i>gary@gobananaskayaks.com</i><br>Lois Miyashiro 677-3481<br><i>loikake@hawaii.rr.com</i><br>Maghna Zettle 234-0320<br><i>mmaliaz@hotmail.com</i> |
| Sat 17            | <b>Retro Paddle.</b> Back to the roots! All inflatable kayaks like the old days. Location TBA.   | 1-2    | Lynn Reedell<br><i>lynnotr@hotmail.com</i><br>Rusty Lillico 254-4123<br><i>lillico@hawaii.rr.com</i>  |
| Sun 18            | <b>Heeia Kea to Kapapa Island Hanahou,</b> with a stop at the Sand Bar. Bring lunch. Meet at the canoe hale by 9:00 a.m., launch by 9:30 a.m.. 5 mi. RT. [37/E2]   | 1-2    | Lois Miyashiro 677-3481<br><i>loikake@hawaii.rr.com</i>   |
| Tue 20            | <b>Meeting.</b> Church of the Crossroads, 7:00 p.m. Program TBA.   |        | Joe Hu, Pres. 528-3600<br><i>advisor@aloha.net</i>  |

## WHAT'S COMING UP FOR THE REST OF THE YEAR

| Date                             | Event  | Rating | Leader or Contact                |
|----------------------------------|--|--------|----------------------------------|
| Sun. July 2                      | "The Big Kahuna": From Kailua around Mokapu Peninsula to Heeia Kea   | 3      | Gary Budlong                     |
| Tues. July 4                     | Fourth of July Fireworks Paddle, Ala Wai Boat Harbor, 6:30 p.m.  | 1      | Paul Tibbetts                    |
| Fri. July 7 –<br>Mon. July 11    | Windward Oahu camp and kayak tour: Kailua to Kualoa to Kahana to Laie  | 3-4    | Jodi Dingle                      |
| Sun. July 16                     | Windbag Regatta: Maunalua Bay Beach Park to Kahala. (Alternate date 9/24)  | 2      | Kevin Ching                      |
| Tues. July 18                    | Meeting, Church of the Crossroads, 7:00 p.m.   |        | Joe Hu                           |
| Sat. July 22                     | Haleiwa Beach Park to Camp Erdman  | 2      | Alan Calhoun                     |
| Thurs. July 27 –<br>Wed. Aug. 2  | <i>Off Island:</i> Circle Lana`i   | 4      | Alan Calhoun                     |
| Sun. July 30                     | China Walls to Haleiwa Beach Park  | 2      | Tim Sawyer                       |
| Thurs. Aug. 3 –<br>Wed. Aug. 9   | <i>Off Island:</i> Lana`i Daytrippers  | 2      | Lois Miyashiro                   |
| Sun. Aug. 6                      | Open Ditch Fish Twitch   | 2-3    | Chuck Ehrhorn                    |
| Sun. Aug. 13                     | Barber's Point Deep Draft Harbor to Pokai Bay Beach Park   |        | Kevin Ching                      |
| Tues. Aug. 15                    | Meeting, Church of the Crossroads, 7:00 p.m.   |        | Joe Hu                           |
| Sat. Aug. 19                     | Maunalua Bay to Sans Souci (easy take-out at Waialae Beach Park)   | 3      | Chuck Ehrhorn                    |
| Sun. Aug. 20                     | <i>(Tentative)</i> Kaneohe Bay Kayak Papio Tournament  |        | Rusty Lillico                    |
| Sun. Aug. 27                     | Pokai Bay to Makua   | 2      | Paul Tibbetts                    |
| Thurs. Aug. 31                   | Steering Committee Meeting, Offices of Hu and Tsuji, 6:30 p.m.   |        | Jodi Dingle                      |
| Sun. Sept. 3                     | Rough Water Swim   | 2      | Paul Tibbetts                    |
| Sun. Sept. 10                    | Kahana Bay to Malaekahana State Park (easy take-out at Hauula)   | 3      | Jeff Aurrecoechea,<br>Tim Sawyer |
| Sat. Sept. 16 –<br>Sun. Sept. 17 | Kaiaka Beach Park Camp<br>Anahulu River Paddle (Sat. 2:00 p.m.)<br>Kaiaka Bay and Paukaula River (Sun. 11:00 a.m.) | 1      | Bim Bousman<br>Susan Strinkowski |
| Tues. Sept. 19                   | Meeting, Church of the Crossroads, 7:00 p.m.   |        | Joe Hu                           |
| Sun. Sept. 24                    | Alternate date for Windbag Regatta (see 7/16)  |        | Kevin Ching                      |
| Sat. Oct. 7                      | Mokulua Islands Full Moon Paddle (5:00 p.m.)   | 2      | Steve Harris                     |
| Sun. Oct. 8                      | ITU World Triathlon (5:30 a.m.)  | 1      | Gary Budlong                     |
| Tues. Oct. 17                    | Meeting, Church of the Crossroads, 7:00 p.m.   |        | Joe Hu                           |
| Fri. Oct. 27 –<br>Sun. Oct. 29   | Central Pacific Kayak Symposium  |        | Joe Hu                           |
| Sun. Nov. 5                      | Makai Range Pier to Kailua Beach Park  | 2      | Chuck Ehrhorn                    |
| Sun. Nov. 19                     | Kahana River Clean the Stream Party  | 1      | George Shoemaker                 |
| Tues. Nov. 21                    | Meeting, Church of the Crossroads, 7:00 p.m.   |        | Joe Hu                           |
| Sun. Nov. 26                     | Kahana River Paddle  | 1      | George Shoemaker                 |
| Thurs. Nov. 30                   | Steering Committee Meeting, Offices of Hu and Tsuji, 6:30 p.m.   |        | Jodi Dingle                      |
| Sun. Dec. 3                      | Last Ditch Fish Twitch   |        | Chuck Ehrhorn                    |
| Tues. Dec. 12                    | Club Christmas Party   |        |                                  |
| Sun. Dec. 17                     | Double Rough Water Swim  | 2-3    | Bim Bousman                      |

## PADDLE RATINGS

### 1 – Easy Gliders

These paddles introduce first-time paddlers to sit-on-top kayaking in Hawaii, although everyone is encouraged to paddle – children (always accompanied by an adult), grandparents, old pros, and fisherpersons!

Duration – 1-2 hours.

Distance – 3 miles (or so).

Generally, flat water in bays, rivers, streams, and lakes that are protected from surf and significant wind.

Recommended kayak type – Any kayak, including inflatables.

### 2 -- General Paddles

These paddles are great fun but require paddlers to have more strength and kayaking skills than the E-Z Gliders.

Duration – 2-4 hours.

Distance – 3 to 10 miles.

Generally, launching and landing is from protected bays and beaches; however, surf launches and landings are possible given the day's conditions. The paddle may go outside the reef in open ocean where 2- to 5-foot ocean swells can be encountered.

Recommended kayak type – Any kayak over 11 feet.

+ Blue Plus – This is an Advanced General Paddle in which wind and surf are more likely than not and/or paddling time is 3 to 4 hours. Must be able to get back in your boat with little or no assistance. Larger swells than "General" are expected.

### 3 -- Advanced Paddles

These paddles are the most challenging on Oahu. Paddlers should be in good physical condition and able to exit and re-enter their kayaks easily without assistance in open ocean. Must be comfortable in open ocean swells of 2-8 feet

Duration – 4 hours plus.

Distance – 10 miles plus.

Launches and landings are often through challenging surf. Paddles are outside the reef in open ocean swells and around points where water is very choppy and unstable.

Recommended kayak type – Any kayak over 11 feet. Kayaks at least 14' long with rudder systems are highly recommended.

+ Red Plus – This is an Advanced Advanced Paddle in which wind, surf, and unstable conditions are typical and self-reliance becomes highly important.

### 4 --Expedition

These paddles are multi-day excursions requiring advance planning, provisioning, and logistics. All recommended safety and survival gear must be carried on board.

Duration – two days or more.

Distance – 5 to 20 miles per day.

Can involve landing and launching fully-loaded kayaks in moderate to high surf on unforgiving beaches. Third-party rescue and/or medical aid may be a day or more away. Self-reliance and familiarity with Hawaiian waters are high requirements.

Recommended kayak type – Any kayak over 14', with hatch straps and other deck modifications to allow on-deck stowage, gear securement, and self rescue. Rudder system is highly recommended. Fiberglass boats are discouraged.

### Other

Kayak Clinics – These are classes, camps, and clinics led by Club members who have significant experience and/or ACA certified training in the areas of expertise:

January Introductory Paddling Clinic at Kualoa Beach Park  
Super Bowl Sunday Surf Clinic  
Easter Camp Introductory Paddling/Rescue Techniques  
Kapapa Island Campout  
Lanai Day Trippers

## LIST OF RESPONSIBILITIES FOR THE PADDLE LEADER

*by Joseph Hu*

- 1) Handle inquiries via phone calls, e-mail (if available), and/or in person prior to the paddle.
- 2) Get the marine radios from Rusty Lilloco prior to the paddle and distribute them to qualified members at the launch site.
- 3) Arrive at the launch site on time or earlier to check weather and sea conditions. Check the weather report ahead of time (Hawaiian Waters at 973-4382).
- 4) Officially cancel the paddle in the event of Small Craft Advisory.
- 5) Organize and initiate a car pool to the landing site.
- 6) Gather the paddlers together prior to launching to discuss a paddle plan, including landing sites and planned rest stop or reconvening locations.
- 7) Encourage the "buddy system" so members are within shouting distance of one another in case of emergency.
- 8) Ask if there are any "new" paddlers (have never paddled before) in the group. Recommend that they attend a "beginners" clinic before participating, rather than risking injury. Leaders are not expected to teach new participants the fundamentals of paddling on the day of the event.
- 9) Count the number of boats and the number of paddlers prior to the launch. Relay this information to the co-leader or another experienced paddler. Count them again each time the group reconvenes and at the landing site to insure that everyone is accounted for.
- 10) Read, understand, and follow the American Canoe Association Safety Guidelines.

## RESPONSIBILITIES OF THE PADDLER

*by Bob Walls*

- 1) Each paddler is responsible for his/her own safety. Make sure that you are familiar with the skill level required, have had proper instructions about kayaking, have the necessary safety equipment, and that your boat and equipment are sea-worthy. Address any questions about these preparations to the Paddle Leader.
- 2) Arrive at the launch site as early as necessary to be ready to launch at the scheduled time and to assist with the car pooling.
- 3) Check in with the Paddle Leader upon arrival. Each participant must sign the release form and read the waiver provided by the Leader.
- 4) Inform the Paddle of any physical limitations you may have, if you intend to deviate from the paddle plan such as separating/landing from the group earlier, and other special situations. Otherwise, if you are unaccounted for, the Coast Guard will be alerted.
- 5) You are responsible for briefing any non-member guests you bring about the planned route, group paddling practices, and emergency procedures and signals prior to the scheduled paddle. For instance, the universal SOS signal is to hold the paddle vertically as high as possible.
- 6) The "buddy system" is encouraged. Stay in sight or communication with at least one other paddler. If you have a VHF marine radio, monitor the radio channel assigned by the Paddle Leader (usually Channel 72). However, sole reliance on club radios to call for help is discouraged because the radio may not be operable under certain ocean conditions and within certain coastal areas.
- 7) Do not pass the designated Lead Paddler or fall behind the designated Sweep Paddler.
- 8) Keep the Paddle Leader informed of any special situations which may arise during the paddle, either directly or indirectly by relaying the information through the designated Sweep or other paddlers in communication with the Leader.
- 9) Check in with the Paddle Leader at the designated reconvening areas and at the end of the paddle so he can account for all participants. Provide any feedback or suggestions which may assist with future paddle scheduling and monitoring.
- 10) Enjoy yourself!



# HWK BULLETIN BOARD

## WANTED

### Used Scupper Pro

**Will pick up on the Big Island or Oahu**

**Call Jeff at 808-368-3891 if you have one for sale**

## WANTED

### Web Page Designer

**The Club is looking for ways to improve the appearance and usefulness of its web page. Anyone with experience with web page design and is willing to help, please contact HWK Webmaster Rusty Lillico at [lillico@hawaii.rr.com](mailto:lillico@hawaii.rr.com)**

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RUSTY LILLICO

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**Don't let your  
membership expire.  
Check the mailing label  
for the due date.**

**INSIDE THIS ISSUE:**

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Winners of the 2005 Multimedia Contest

Winners of the 2005 Progressive Fishing Contest

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