

# Lifeline

### Newsletter of Hui Wa'a Kaukahi

Fall 2006 ♦ Issue 06 - 5

#### Rally, Rally, Rally! Hui Wa'a Kaukahi's 2006 Circle Lana'i Paddle

written by Steve Harris

After months of planning, anticipation, and preparation, we were gathered at Aloha Island Air for the 6:30 a.m. flight to Lana'i. We had to get up at 4:00 a.m.; boy, that's early. Alan, Chuck, Debbie, Gary, and Paul were already on Lana'i, some having done the Day Trippers Paddle/Camp the week before. Rusty, Brandt, Maghna, and I were on hand and off we flew. *Where's Jeff?* 

Chuck and Alan met us at the Lana'i Airport and we rode to the market for last minute supplies like beer. Where's Jeff? Chuck calls Jeff on the cell. He's on his way. (He's still in Kaneohe!). We'll meet him at the Barge so we're off to Kaumalapau Harbor. It's already bright and hot. Thanks to Alan's and Gary's ho'omalimali with barge people during the prior week, they deliver the kayaks to us via forklift, saving us a lot of carrying.

Somehow we all get an incredible amount of stuff into these little boats. Just then, lo and behold, Jeff walks up. Despite the overloading and extreme weight, we start sliding the kayaks into the water. They sit low but we're off and we're ahead of schedule. Jeff will load by himself and catch up to us later. We head out of the harbor and turn left in a southeasterly direction along the Kaholo Pali toward our first campsite at Kaunolu, Lana'i's southern most point. It's a beautiful day and only about a 4-mile paddle. I catch an omilu and land at a little beach to pick some opihi on the way.

Kaunolu Bay is small but beautiful at the end of sea cliffs, with clear blue water and dramatic land forms all around.



photo by Debbie Wheeler

It's a boulder landing but not steep and, with everybody helping, we slide our boats into the dry sandy stream bed

[continued on page 2]

#### Lana'i Daytrippers 2006

written by Alan Calhoun

#### **PROLOGUE**

No way. There is no way I'm hearing this. I must be dreaming.....

"I'm sorry sir, your kayaks will not be at Kaumalapau tomorrow. The barge had to return to Honolulu," the Young Brothers shipping agent informed me. There was tidal surging in the harbor and the pilot decided not to land. It was Thursday afternoon and we were scheduled to leave for Lana'i early the next morning.

The weather's perfect. All our arrangements have been made, booked, and, in most cases, paid in advance weeks ago. Cancellation deadlines are past. Must call everyone and see what he or she wants to do. "Let's just go. We'll work things out," seemed to be the general consensus. What intrepidness. What spirit. These are great people to be with.

#### CHAPTER 1: FRIDAY

So 7 of the original 10 paddlers got up at 4:00 the next morning, made their way to the Island Air terminal, and caught the 6:30 flight to Lana'i. We picked up our van and jeep and went to Lana'i City to meet Michelle, our outfitter and ground support with Adventure Lana'i Ecocentre. She worked very hard the next few days to accommodate our needs and help turn our misadventure into a great time.

"I was looking forward to hiking the Monroe Trail" said Pete. Well, today seems to be the perfect time for it. Not everyone is as enthusiastic as Pete. Well, the jeep can

go on the trail but the van can't. Aimee volunteers to hike with Pete. Gary, Kate, Karen, and Susan will meander the trail by jeep.



[continued on page 4]

photo by Kate Schalk

[Circle Lana'i Paddle – continued from front page]

which becomes our first campsite. Campsites are chosen and set up, some with tents, others with hammocks in the trees. Jeff shows up late in the afternoon to welcoming cheers. A fire is started by Chuck, the perennial fire master. Everybody cooks on their own tonight. Before that, however, we all select spots to watch the sunset. We were treated to a very rare double green flash. Paul said he saw three!

#### The long stiff paddle to Club Lana'i against the wind

The cry "Rally, Rally, Rally!" bruskly breaks the dawn for the second early day in a row. It is greeted with much derisive banter. But we have to get a start on the day because today's paddle is estimated at 13 miles and it's all into the wind, especially the last half. Camp is broken and we get off to a good start with clear skies and little wind. Gary scores a nice little mahimahi about 1/3 of the way to Hulopoe Bay.



photo by Debbie Wheeler

We regroup at Pu'u Pehe, or Sweetheart Rock, and look around the corner to our next milestone, Kamaiki Point, about 3 miles away, now to the north. It's still a beautiful day with virtually no wind and we're all feeling good.

After a bit, though, the wind picks up and our speed decreases. We make it to a little cove with a lee for another regrouping. There was a dive charter boat there.

We come around the corner and hit the wind again as we go by Piilani Beach, a great camping spot favored by Chuck and Jeanie. Then we decide to take a lunch break and we head into a beach with some trees at a place called Kapua. There were waves, though, and no less than Rusty and Jeff huli on the way in. It was a well-earned break before the final leg of the day.

After another 3-plus miles, we see the pier and coconut trees of the former Club Lana'i (Halepaloa). Soon we

are all very happy that our first long day is successfully over. Rusty fires up his GPS and it says we did 16, not 13, miles today. After dinner, Paul says let's take a walk on



photo by Brandt Vanderbeck

the pier and check out the moon and the stars. It was a gorgeous tropical evening. Life is good!

The "Rally, Rally, Rally!" cry came a little later the next morning but not by much. We had another long hard day ahead. The estimate was 10 miles to the second

shipwreck. We got away in the early morning sun with very little wind so those who so chose could get out past the reef and the brown water into the green and blue water of the Kolohe Channel. The wind picked up after an hour or so and it soon became a pretty stiff side wind kicking up some sizeable chop. Well, at least it was a crosswind and not a headwind.

#### Molokai Nui Ahina on your right

The clouds cleared over Molokai and she was beautiful in the midmorning sun. After some heavy paddling battling the crosswind and the chop, we gathered on the point inside the shipwreck to wait until the slower paddlers caught up. Then we're off again, looking for the next big shipwreck which is just outside the beach at Awalua, our next campsite. We're all running inside the

reef now and the wind is on our starboard quarters so it's a little easier wind-wise. There are top waves. reef however, and have to pay attention. There are some hulis but we make it to the next point, Pohakuloa,



photo by Debbie Wheeler

which has a light pole, and we can finally see the second shipwreck. We're on the homestretch! In very short order, we were there.

It was an unusually early evening for this group. After some consultation and analysis, it was concluded that we had done another 16-mile day, and we were plum tuckered out. Oh well, we just slept better...

Day 4 was to be just a short 2½ mile paddle to Polihua for two nights. The big attraction, though, was the ice, water, and beer drop – especially the beer – we were supposed to be getting there. It was short alright; the wind had really picked up and we got there in about 45 minutes. Alan had to go in and confirm that our location was right for the campsite. Once he did that, the beach was very wide at the chosen point and we had to drag our boats over 200 meters across the sand to the kiawe trees. Two guys using Chuck's hauling stick made that project much easier. Once in the trees, the campsite was calm and shady. We settled in to await our drop like a tribe of cargo cultists. The cold beverages were a godsend and heartily enjoyed!

The star party on the beach that night was a good one with several shooting stars and the learning of some more star names. The Milky Way was blazing. The next morning was a sleep-in time since it was a lay day. There was no "Rally, Rally, Rally!" and we enjoyed laying in our tents or hammocks and looking up through the kiawe tree branches at the blue sky.

[continued on page 3]

After breakfast some of us took off and went hiking and fishing down the coast. We were looking for a heiau said to be the biggest on the island. The terrain was so rough, though, that it was really hard going. Brandt made it the farthest but even he couldn't find the heiau. It was a long hard walk back to camp.

#### On to Nanahoa

The next morning we got off in good shape time-wise after hauling our boats back across the beach. The wind was really blowing, sand blasting us as we stood on the beach. I was very happy to pick up 3 omilu right past the beach after the rock coast started. It was going to be a good day. Once we got around Ka'ena and Ka'enaiki points, the wind dropped considerably and we had very beautiful paddling in clear blue green water against the black rock shoreline under sunny skies. Gorgeous!

A few points later, though, as the sea cliffs began to rise, we again ran into pretty stiff headwinds as we rounded a big point. We soon regrouped in a nice lee and struck out around the next point. It looked like it was going to be pretty brutal as the wind came off the cliffs down upon us but soon it backed off and we had a great paddle into Nanahoa, "the pinnacles" or "the needles." We could see the harbor at this point and the end of our journey was in sight. I was very happy to catch 2 good sized papio of 8 and 4 pounds. They put up good fights but I prevailed. Gary had a great fight with an aha (needlefish) and Rusty caught a nice awa'awa.

The landing at the campsite was exciting. The beach

was steep with large round boulders — difficult to scramble on while dragging heavy kayaks — and there was some surge from a south swell. Everybody helped and the boats all got up to the top of the beach in good



photo by Debbie Wheeler

order. We set up camp again and started exploring around. Paul found an ancient structure. Maghna and I went snorkeling but it wasn't too clear. I climbed up the rock point in front of the blow hole Paul said he had paddled by. I saw a double rainbow in the spray so I mentally named it the "rainbow blow hole."

Back at camp, we watched our last sunset and everybody saw the green flash. After dinner, the final night's Lava Sour Ceremony went on and on until the very wee hours. My only regret was that I didn't hang my hammock quite a bit further away from the hard core revelers.

#### The Grand Finale

Of course Chuck couldn't miss his last chance for a "Rally, Rally, Rally!" just as it got light the next morning, Day Seven. "Oh, Charles, give it a break!" Alan wanted to get back to the Kaumalapau Harbor by 11:30 a.m. to load the boats. The whole crew turned to and we were down the boulders and into the water in jig time. It was a crystal clear morning with no wind. The rock pinnacles were glistening in the morning sun, looking like two black-sailed yachts dueling in a match race. The water was perfectly clear as we ghosted along, checking out every little nook and cranny on the short way to the harbor. We looked at a great camping bay called Naupaka. It's smaller and can't take a 10-person group like the Nanahoa site and I made a mental note to come back soon with some of my other fishing buddies. We went into a big cave and saw several other smaller ones. I pulled my boat up on a ledge and harvested a bag of opihi for pupus back home on Friday night. This paddle was one of the best I've ever had anywhere.

"What's this - it's over?" Yes, it was; just that fast, we were at the harbor and into the industrialized world again. Pull 'em up, take out the stuff you'll need, and repack in all the stuff that can stay in the boats for the shipment back to O'ahu. "Hey, they brought our container right to us – perfect." And we can just slide the boats in; we don't have to hang them up on the sides. "Um, boy, that cold beer sure hits the spot; thank you, Jeanie!" We ride up the hill to Lana'i City and our "Lana'i Plantation Home" vacation rental.

In short order, some prescient soul busts out a bottle of champagne and we all toast the 7 of us who completed the circumnavigation of Lana'i for the first time. This is a venerable Hui Wa'a Kaukahi tradition and it's enjoyed by all. We did it! We met the challenge: 56 miles in 7 days. It had some tough spots but we got through them and it was a glorious vacation from our normal pursuits.



Group at Nanahoa photo by Debbie Wheeler

I will take the van and see about our reserved campsite at Hulopo'e Beach Park and cancel our reservations for keeping the kayaks at Manele Bay. Gary will drop the ladies off at Hulopo'e on the way down and return to pick up Pete and Aimee.



Lana'i gang (minus Susan and Kate photo by Kate Schalk

Things go like clockwork. Before you can say "Kaumalapau to Halepalaoa", have the campsite nearest restrooms. Tents are set up and we are readv explore our domain. Hulopo'e

Bay sits right below the Four Seasons Manele Bay Resort. With pristine blue water and white sandy beaches, it's all ours (to share) for \$5 a day. The poor tourists are paying \$450 + a day for the same beach. Snorkeling around the sides of the bay and exploring the reef or just swimming with the dolphins when they visit (twice a day); this is a very sweet place to enjoy the ocean sans kayak.

Our refrain the next couple of days was "I have one of those. It's in my kayak, ON THE BARGE." Except for borrowing some sleeping bags from Michelle, we managed to live quite well with what we had been able to scrape up at the last minute.

We had dinner at "Pele's Other Garden" that evening. Not as well known as the "Blue Ginger Café", it was surprisingly well stocked with draft beer, pizza, pasta, salads, and upscale appetizers. And an awesome Chocolate Cake......

#### **CHAPTER 2: SATURDAY**

The barge will probably be in tomorrow morning so we have one more day to explore from land. Aimee and Susan decide to stay in camp and lounge. The rest of us pile into the jeep and off we go with Kate, our designated driver, at the wheel.

But first......breakfast at "Canoes". The service is kind of slow but the prices are reasonable and the fried rice is great. Get there early and beat the rush. This is Lana'i ambiance at its finest. People are nice and who's in a hurry anyway.

"Garden of the Gods" is dry, desolate, and piled with rocks. Seems everyone must stop and stack pohaku in

some alien balancing act gone awry. We find the road down to "Awalua Beach". Dustv. rutted. and winding, it's good we have the ieep. is located Awalua near the second large shipwreck on this bleak side of the island. It's a pretty nice beach with



Awalua Beach photo by Kate Schalk

good camping under the kiawe trees.

Back up the hill, across, and down a paved road toward "Shipwrecks", site of the largest shipwreck along the coast. The paved road ends just above the shoreline and its all dusty, bumpy, numbing road from there on. What feels like 14 hours later, we arrive at the site of the old "Club Lana'i". Operations ceased years ago but

tourists once boated here for a day of frolicking, biking, snorkeling, and sunning. Some of the buildings are still here, but the place is very much in disrepair. As desolate and isolated as this place is, there are people here. Experience has shown us that the people of Lana'i will endure a lot to get down to this side of the island.



Hulopo'e Beach photo by Alan Calhoun

Back to camp and a refreshing swim followed by cold cocktails. We bust out

the stove and throw together a meal from whatever we can pull out of our supplies. We're tired but content. We're on Lana'i with good friends and lots of ice. We're laughing at the world and each other. Life is good.

#### **CHAPTER 3: SUNDAY**

The barge is arriving this morning. We will finally be able to kayak, the planned purpose of this trip.

But first.....breakfast at "Canoes".

OK, off to Kaumalapau Harbor. We get our kayaks and wend our way between the crush of truckers and merchants getting their deliveries. We drop our boats into the water and head out toward Nanahoa. It's noon and we need to be back by 3:30 or risk getting locked in. Not a lot of time but we should be able to reach "the pinnacles" and return before closing time. This is probably the most beautiful stretch of Lana'i coastline. Coves, caves, arches, and small valleys fill our eyes. Then the pinnacles of Nanahoa rise out of the water and stun us with their statuesque beauty. Wish we could linger, but we must get back. Karen catches her first fish off a kayak.

[continued on page 5]

[Lana'i Daytrippers 2006 - continued from page 4]

It's a nice Aha but she's kind-hearted and has it released. Thrills and smiles abound on the ocean. We are where we want to be.



Alan at the Pinnacles photo by Debbie Wheeler

#### CHAPTER 4: MONDAY

We loaded all the

kayaks onto the Adventures Lana'i trailer the afternoon before but we have John drop off 3 kayaks for us this morning. They will stay at camp for the next Hui Wa'a group. Kate left last night. She had to go back to work. We cry silently.

First shift: Gary, Susan, and Pete put out at Manele Bay and spend the morning paddling the bay and environs of Puu Pehe. A chance to snorkel and dive around deeper and rockier waters; there is more wildlife to be seen.

Second shift: Aimee, Karen, and I get the afternoon to do the same. We paddle into the protected cove inside of Puu Pehe, technically illegal. Hawaiian canoes are the only vessels allowed to operate in the waters between Puu Pehe and the far side of Hulopo'e Bay. We don't stay long, however, and decide to paddle to the far side of Manele Bay. It's a good workout and we can see quite a ways down the rocky coast.

#### **EPILOGUE**

The next couple of days are spent eating, relaxing, and swimming. We didn't get to paddle as much as we

had originally planned but we agreed that being on Lana'i with friends, enjoying the place and time, was everything we could have hoped for.

#### This Morning When I Was In The Men's Room With Pete... aka The Lanai Daytripping Tour

written by Aimee Chiland

The south shore swell is up. Great! Not this time; the barge can't land our boats on Lanai. Crap. What do we do? Let's go, anyway. Borrow a tent and some supplies. No kayak, no thermarest, no sleeping bag. Oh well, we'll survive. We've got a jeep. Let's go 4 wheelin'. Don't worry, that red dust will eventually wash off.

So this is Lanai City – kinda small isn't it? That's ok; the food is good and there's plenty of ice. Is this where we camp? It's beautiful. This snorkeling reef is intense; are those dolphins really swimming with us?

I love this beach; just beware of agitated women with kitchenware. It's day 3; the boats have arrived; let's eat pancakes and go paddling. Watch out for that forklift on



your way to the water. The pinnacles are spectacular. Well worth the effort to get there. And now we have our chairs. Ahhh, life is good. Sit back, enjoy the fire, and watch Gary perform the pigeon dance.

Thanks, Alan; we couldn't follow the original plan but we had a great time anyway. There were no problems that 5 minutes in the happy chair couldn't cure.

#### Kayak Gourmets

written by Steve Harris and Jean Ehrhorn

Camping and cooking without the benefit of fresh water and refrigeration (ice melts by the second day) brings an additional challenge to those intrepid souls who enjoy camping on Hawai'i's isolated shores. Unless you pack one in, a fresh water shower is also not possible. Conditions for the Circle Lanai Trip are even more challenging than other shorelines because there are no fresh water streams. All water must be stashed ahead of time in strategic locations, delivered by a cooperative outfitter, or carried on the kayaks.

Kayakers pack their own first night meal, what they want to have for breakfast in the mornings, and lunch/snack items. With a group of 10, it makes more sense to organize food groups to handle the evening meal cooking, thus, coordinating and simplifying the carrying of cooking gear and shopping for groceries. The gourmet cooks in the Circle Lanai group rose to the cooking challenge with relish.

#### **Second Night**

Maghna broke out her stash and with a little help from her cooking partner, Steve, prepared pesto penne pasta with chicken and a delicious romaine lettuce salad with all kinds of goodies like sun dried tomatoes, olives, and artichoke hearts. Meanwhile, Rusty sautéed up Gary's Mahimahi to add to the feast.

[continued on page 6]

[Kayak Gourmets - continued from page 5]

#### **Third Night**

Paul and Chuck cooked a great Thai curry dinner.

#### **Fourth Night**

Debbie and Alan, with Chuck's chopping help, fixed up a terrific stir fry of fresh vegetables and large shrimp over soba noodles with an Orange/Sweet Chile sauce.

#### **Layover Day Breakfast**

Alan and Debbie cooked a great pancake breakfast complete with butter and syrup, no less. Chuck carefully chopped the macadamia nuts for the pancakes and contributed sausages to ensure there was enough cholesterol.

#### Fifth Night

With tutelage from Maghna, Gary and Rusty put together a fabulous Japanese curry with wild rice, using the fish that Maghna caught.

#### **Final Night**

Brandt and Jeff cooked up some very tasty fresh papio burritos that were a big hit. And then there was fresh papio filets for dessert.

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#### HUI WA`A KAUKAHI SCHEDULE OF EVENTS OCTOBER-DECEMBER 2006

Check the website at <a href="www.huiwaa.org">www.huiwaa.org</a> (maintained by Webmaster Rusty Lillico) for details and updates or contact the trip leaders listed below. The calendar on the website also contains tide information and links to aerial photos of some of the paddling sites.

**Launch times.** Unless stated otherwise, all groups should be assembled at the start point by 9:00 a.m. and launched by 9:15 at the latest. Depending on the length of the ride, car-poolers should have their boats set up and ready to leave the launch area a half-hour to a full hour before the launch time. Call the Trip Leader for the precise time. **Locations:** When given, map references (e.g. [22/D3]) are the page number and grid coordinates of the launch point in *Bryan's Sectional Maps of O'ahu*, any recent edition. **Ratings:** See paddle ratings following the schedule.

Date	Event	Rating	Leader or Contact
	OCTOBER		
Sat 7	<b>Mokuluas Full Moon Paddle</b> . Paddle out to the Mokes from the Lanipo Street access (Lanikai) at 5:00 pm. Return about 8:00 or 9:00. Bring tabis, a flashlight, and a picnic dinner. 2.5 mi RT. [26/A4]	1	Steve Harris 226-2006 sharris@lava.net
Tue 17	<b>Meeting,</b> Church of the Crossroads, 7:00 pm. Annual election of club officers and directors. Volunteer or vote for your club leaders for 2006-7. Plus presentation of pictures of this summer's club paddles on Lana`i (Alan Calhoun).		Joe Hu, Pres. 528-3600 advisor@aloha.net
Fri 20 - Sun 22	Hui Wa`a Leaders' Camp. Kualoa Beach Park. Two-day brainstorming session for former and future paddle leaders to hash out details of the 2007 paddling schedule and the club's 25 <sup>th</sup> anniversary.  Friday night. Optional camping at the small group campsite.  Saturday: Conference begins at 10:00 am.  Sunday morning, 10:00 am. Club service project: brush clearing and litter removal around Apua Pond. Bring cutting tools, appropriate clothing (shoes, long sleeves, long pants), and lunch.		Joe Hu, 528-3600 advisor@aloha.net and the incoming club president
Sun 29	Maunalua Bay Beach Park (Hawaii Kai) to Sans Souci (Waikiki), with an early take-out at Waialae Beach Park (Kahala). Carpool leaves at 8 am. "Possibly challenging." 4.5 / 8.5 mi. [18/D2]	3	Chuck Ehrhorn 395-6180 ehrhorn@lava.net Tim Sawyer 330-1108 sawyer@hawaii.rr.com
	NOVEMBER		
Thur 2	Steering Board Meeting. 7:00 pm. Site to be announced at 10/21 Leaders' camp. Agenda:: Election of the Board Chair.		Jodi Dingle 951-4360 jldingle@hotmail.com
Sun 5	Makai Range Pier to Kailua Boat Ramp, with a stop at the Mokuluas for snacks and surfing. Carpool will leave the pier at 8:00 AM sharp. 7.5 mi. [22/E1]	2	Chuck Ehrhorn 395-6180 ehrhorn @lava.net
Sat 18	Introductory Kayaking Clinic. Return of our popular skills clinic! Kahana Bay Beach Park. Brush up on your kayaking skills or learn new ones. Bring your kayak and lunch. Fee \$41 nonmembers. \$21 Hui members. Fee waived for Hui & ACA joint members.	1	Jodi Dingle 951-4360 jldingle@hotmail.com Joe Hu 528-3600 advisor@aloha.net
Sat 18	<b>Kahana Bay Camp</b> . Campout before and after the clinic and help to clean the stream on Sunday with Jungle George. Apply for camping permits beginning 8am October 18, 2006 at the State Parks Office.		Joe Hu 528-3600 advisor@aloha.net
Sun 19	<b>"Clean The Stream."</b> Kahana Stream brush clearing party. Bring machetes, shears, saws, first-aid kit, etc. and meet at Kahana Valley State Park parking lot (near the mauka restrooms) at 10:00 am.	1	George Shoemaker 237-8992 geoshoe@hawaii.rr.com
Tue 21	<b>Meeting</b> . Church of the Crossroads, 7:00 pm. Andy Collins, Education and Outreach Coordinator for the Northwestern Hawaiian Islands Marine National Monument, will give a slideshow and talk about the Northwestern Hawaiian Islands,1200 miles of islands and atolls that have one of the most isolated and healthy coral reefs in the world.		TBD

Date	Event	Rating	Leader or Contact	
Sun26	"Up the Creek with Jungle George." Kahana Stream, from start to finish, with a hike at the top. Meet at 8:30 am in the first makai parking lot north of the Kahana Stream Bridge [46/F1] 2 mi. RT, not counting the hike.	1	George Shoemaker 237-8992 geoshoe@hawaii.rr.com	
DECEMBER				
Sat 2 - Sun 3	Last Ditch Fish Twitch. Last chance at the Progressive Fishing Tournament trophy. For 2 days, anywhere you choose to fish, on any coast on any island, counts as an official paddle! Honor system rules: call or email Chuck with your tally at the end of the day.		Chuck Ehrhorn 395-6180 ehrhorn @lava.net	
Sun 17	<b>Double Rough Water Swim</b> . Hardy volunteers needed to escort individual swimmers	2	Bim Bousman 949-4524 bim_bousman@yahoo.com	
Tue 19	Annual Christmas Party and Gift Bag Exchange Melee. Kaneohe Yacht Club, 5:30 pm. See the announcement below. Note: <i>volunteers needed.</i>		Jodi Dingle 951-4360 jldingle @hotmail.com Gary Budlong 737-8893	

# Annual Christmas Party and Gift Bag Exchange Melee

Kaneohe Yacht Club "Longhouse" Tuesday, December 19, 5:30 pm

#### Please Bring:

- A potluck veggie/casserole dish (enough to feed 6 people), something to BBQ on the large outdoor grill
- A \$5-10 grab bag gift (wrapped) for the Grab Bag Gift Exchange Melee.

## Other Excitement! Photo Contest

Bring your best kayak-related pictures taken since last year's party (12/13/05). Your party peers will vote and prizes will be awarded for 1st, 2nd, and 3rd places.

#### Video Contest

Bring your best kayak-related video produced since last year's party (MAX duration is 3 minutes!). Again, your party peers will vote and prizes will be awarded for 1st, 2nd, and 3rd places.

Progressive Fishing Tournament
Winner to be announced! I CAN'T STAND the suspense!

Finally, *We Need Help* to set up the Party! Anyone who would like to party-plan with Gary Budlong and Jodi Dingle, please call us. Gary's number is 737-8893. Jodi's is 951-4360.

#### **PADDLE RATINGS**

#### 1 - Easy Gliders

These paddles introduce first-time paddlers to sit-on-top kayaking in Hawaii, although everyone is encouraged to paddle - children (always accompanied by an adult), grandparents, old pros, and fisherpersons!

Duration – 1-2 hours. Distance – 3 miles (or so).

Generally, flat water in bays, rivers, streams, and lakes that are protected from surf and significant wind.

Recommended kayak type – Any kayak, including inflatables.

#### 2 -- Intermediate Paddles

These paddles are great fun but require paddlers to have more strength and kayaking skills than the E-Z Gliders.

Duration – 2-4 hours.

Distance - 3 to 10 miles.

Generally, launching and landing is from protected bays and beaches; however, surf launches and landings are possible given the day's conditions. The paddle may go outside the reef in open ocean where 2- to 5-foot ocean swells can be encountered.

Recommended kayak type – Any kayak over 11 feet.

+ Blue Plus - This is an Advanced General Paddle in which wind and surf are more likely than not and/or paddling time is 3 to 4 hours. Must be able to get back in your boat with little or no assistance. Larger swells than "General" are expected.

#### 3 -- Advanced Paddles

These paddles are the most challenging on Oahu. Paddlers should be in good physical condition and able to exit and re-enter their kayaks easily without assistance in open ocean. Must be comfortable in open ocean swells of 2-8 feet

Duration – 4 hours plus.

Distance - 10 miles plus.

Launches and landings are often through challenging surf. Paddles are outside the reef in open ocean swells and around points where water is very choppy and unstable.

Recommended kayak type - Any kayak over 11 feet. Kayaks at least 14' long with rudder systems are highly recommended.

+ Red Plus - This is an Advanced Advanced Paddle in which wind, surf, and unstable conditions are typical and self-reliance becomes highly important.

#### 4 -- Expedition

These paddles are multi-day excursions requiring advance planning, provisioning, and logistics. All recommended safety and survival gear must be carried on board.

Duration - two days or more.

Distance - 5 to 20 miles per day.

Can involve landing and launching fully-loaded kayaks in moderate to high surf on unforgiving beaches. Third-party rescue and/or medical aid may be a day or more away. Self-reliance and familiarity with Hawaiian waters are high requirements.

Recommended kayak type - Any kayak over 14', with hatch straps and other deck modifications to allow on-deck stowage, gear securement, and self rescue. Rudder system is highly recommended. Fiberglass boats are discouraged.

Kayak Clinics - These are classes, camps, and clinics led by Club members who have significant experience and/or ACA certified training in the areas of expertise:

January Introductory Paddling Clinic at Kualoa Beach Park Super Bowl Sunday Surf Clinic

Easter Camp Introductory Paddling/Rescue Techniques Kapapa Island Campout

Lanai Day Trippers

#### LIST OF RESPONSIBILITIES FOR THE PADDLE LEADER

by Joseph Hu

- Handle inquiries via phone calls, e-mail (if available), and/or in person prior to the paddle.
- Get the marine radios from Rusty Lillico prior to the paddle and distribute them to qualified members at the launch site.
- Arrive at the launch site on time or earlier to check weather and sea conditions. Check the weather report ahead of time (Hawaiian Waters at 973-4382).
- 4) Officially cancel the paddle in the event of Small Craft Advisory.
- Organize and initiate a car pool to the landing site. 5)
- Gather the paddlers together prior to launching to discuss a paddle plan, including landing sites and planned rest stop or reconvening locations.
- Encourage the "buddy system" so members are within shouting distance of one another in case of emergency.
- Ask if there are any "new" paddlers (have never paddled before) in the group. Recommend that they attend a "beginners" clinic before participating, rather than risking injury. Leaders are not expected to teach new participants the fundamentals of paddling on the day of the event.
- Count the number of boats and the number of paddlers prior to the launch. Relay this information to the co-leader or another experienced paddler. Count them again each time the group reconvenes and at the landing site to insure that everyone is accounted for.
- 10) Read, understand, and follow the American Canoe Association Safety Guidelines.

#### **RESPONSIBILITIES OF THE PADDLER**

by Bob Walls

- 1) Each paddler is responsible for his/her own safety. Make sure that you are familiar with the skill level required, have had proper instructions about kayaking, have the necessary safety equipment, and that your boat and equipment are sea-worthy. Address any questions about these preparations to the Paddle
- Arrive at the launch site as early as necessary to be ready to launch at the scheduled time and to assist with the car pooling.
- Check in with the Paddle Leader upon arrival. Each participant must sign the release form and read the waiver provided by the Leader.
- Inform the Paddle of any physical limitations you may have, if you 4) intend to deviate from the paddle plan such as separating/landing from the group earlier, and other special situations. Otherwise, if you are unaccounted for, the Coast Guard will be alerted.
- You are responsible for briefing any non-member guests you bring about the planned route, group paddling practices, and emergency procedures and signals prior to the scheduled paddle. For instance, the universal SOS signal is to hold the paddle vertically as high as possible.
- The "buddy system" is encouraged. Stay in sight or communication with at least one other paddler. If you have a VHF marine radio, monitor the radio channel assigned by the Paddle Leader (usually Channel 72). However, sole reliance on club radios to call for help is discouraged because the radio may not be operable under certain ocean conditions and within certain coastal areas.
- Do not pass the designated Lead Paddler or fall behind the designated Sweep Paddler.
- Keep the Paddle Leader informed of any special situations which may arise during the paddle, either directly or indirectly by relaying the information through the designated Sweep or other paddlers in communication with the Leader.
- Check in with the Paddle Leader at the designated reconvening areas and at the end of the paddle so he can account for all participants. Provide any feedback or suggestions which may assist with future paddle scheduling and monitoring.
- 10) Enjoy yourself!

iHui Wa'a Kaukahi P. O. Box 111588 Honolulu, IHI 96828



NOMINEES FOR CLUB OFFICES AND BOARD

Don't let your membership expire.
Check the mailing label or membership card for the due date.

The following nominations were made at the Club meeting on September 19, 2006. Voting will take place at the meeting on October 17, 2006.

President: Gary Budlong and Paul Tibbetts (as co-Presidents)

Vice President: Steve Harris
Secretary: Kate Schalk
Treasurer: Aimee Chiland

Board Members (12 to be elected):

Heinrich AlbertCharles EhrhornAnn McLarenAlan CalhounJoe HuPeter NicholsonKevin ChingRusty LillicoDebbie WheelerJodi DingleStan McCreaMaghna Zettle